**Aging - Ponderings**

**You shall rise before the gray headed  
and honor the presence of an old man.   
*(Leviticus 19:32)***

**One of the greatest advantages of our later years is that we no longer have to scream; we can talk. We don't have to run; we can walk. We have the time to examine the quality of life and to work for ourselves on its improvement. We need no longer feel driven by idols of the marketplace. We can do more of what we like, rather than what we were told we'd like. *(Allan Fromme, in 50 Plus)***

**Growing old is no more than a bad habit which a busy person has no time to form. *(Andre Maurois)***

**Aging doesn’t begin at 40, 50, or 60 years old. It begins the day you are born. (*Nicole Ericson, in Let’s Live magazine)***

**The older I get, the better I used to be. *(Bumper sticker)***

**If you carry your childhood with you, you never become older. *(Abraham Sutzkever)*  
It is a mistake to regard age as a downhill grade toward dissolution. The reverse is true. As one grows older, one climbs with surprising strides.  
*(George Sand)***

**About the only thing that comes to us without effort is old age. *(Gloria Pitzer, in Quote magazine)***

**I just got old and couldn’t help it. *(Jean Louise Calment, age 117, listed by the Guinness Book of World Records as the world’s oldest person.)*  
Count your life by smiles, not tears. Count your age by friends, not years. *(Bits & Pieces)***

**The longer you both stay alive, the less any difference in your ages will matter. *(Ashleigh Brilliant, in Pot-Shots)***

**Years ago I thought old age would be dreadful, because I should not be able to do things I would want to do. Now I find there is nothing I want to do after all. *(British politician Nancy Astor)*  
In a dream you are never 80. *(Anne Sexton, American poet)***

**To me old age is always fifteen years older than I am. *(Bernard Baruch)***

**The aging process has you firmly in its grasp if you never get the urge to throw a snowball. *(Doug Larson, aphorist)***

**Most people say that as you get old, you have to give up things. I think you get old because you give up things. *(Senator Theodore Francis Green)*  
Regardless of my age, God always seems to think I’m too young, and keeps making me older. *(Ashleigh Brilliant, in Pot-Shots)***

**The great thing about getting older is that you don’t lose all the other ages you’ve been. *(Madeleine L’Engle)*  
 Most of us hope that when we find the greener pastures, we’ll still be able to climb the fence. *(Catholic Digest)***

**It you think you’re too old for growing pains -- try spading a garden.  
*(Selected Cryptograms)*The whiter my hair becomes, the more ready people are to believe what I say. *(Philosopher Bernard Baruch)*  
It’s hard to believe how old I am -- but harder to believe how old I may become. *(Ashleigh Brilliant, in Pot-Shots)***

**Nobody knows the age of the human race, but all agree that it is old enough to know better. *(Quoted in Guide Word)*  
When we see an older person do something really incredible, we realize it’s because of their age, not despite it. *(Dr. Gene Cohen)*Inside every older person there’s a younger person wondering what happened? *(Bits & Pieces)***

**Inside every older person is a younger person – wondering what the hell happened. *(Cora Harvey Armstrong)*  
I grow more intense as I age. *(Florida Scott-Maxwell)***

**You can judge your age by the amount of pain you feel when you come in contact with a new idea. *(Sydney J. Harris)***

**How come the older we get the later old age starts? *(Approved Crossword Puzzles)*   
  
If you don’t learn to laugh at trouble, you won’t have anything to laugh at when you grow old. *(Edgar Howe)***

**Age does not protect you from love. But love, to some extent, protects you from age. *(Jeanne Moreau)***

**I used to think that one didn't make friends as one got older. ... Sometimes, unaccountably, a new person walks into your life, and you find you are never too old to love again*. (Dominique Browning, in The New York Times)***

**Those who love deeply never grow old; they may die of old age, but they die young. *(Sir Arthur Wing Pinero, English dramatist)***

**May you live as long as you want to. May you want to as long as you live. *(Celtic toast)***

**A melancholy lesson of advancing years is the realization that you can't make old friends. *(Christopher Hitchens)***

**It’s an odd and rather nice thing about aging: the closer we approach a particular age the younger it seems to become. *(Anonymous)***

**Aging seems to be the only available way to live a long life. *(Daniel Francois Esprit Auber)***

**If you believe the population is getting older, you’ve never been to a shopping mall on a weekend. *(Doug Larson, United Feature Syndicate)*  
It’s only natural that a person becomes quieter as he grows older -- he has more to keep quiet about! *(Farmers’ Almanac, 1988)***

**You’re getting up in years if you can remember when a “redemption center” was a house of worship*. (Reminisce Extra magazine)*  
It’s fun to be ninety-one because you’re elevated to sainthood, though you’re still ornery as ever. Everyone rushes to seat you and you’re served first. Honorary membership is easier than active membership. And wrinkles are okay. *(Faye Field)*The most important thing to save for old age is yourself. *(Clifton Burke)***

**Anyone who keeps the ability to see beauty never grows old. *(Franz Kafka)***

**It’s also a fact that the older we get, the more slowly we breathe. *(L. M. Boyd)***

**Old age occurs the moment you realize there isn’t something wonderful about to happen just around the corner. In some people this occurs very soon; in others, not at all. *(D. E. Short, in Reader’s Digest)*My Favorite Saying: “The sweetest music comes from an old violin.” *(Charles Ragland, in Reminisce magazine)***

**There is an old Italian saying, “At the table one never grows old.” Isn’t that reason enough to come home at the end of the day, roll up one’s sleeves, fire up the stove and start smashing up the garlic? *(Judith Jones, in The Tenth Muse: My Life in Food)***

**It takes about ten years to get used to how old you are. *(Quoted by Raymond A. Michel, in The Leaf)***

**The thing about getting old is the number of things you think that you can’t say aloud because it would be too shocking. *(Doris Lessing)***

**A great-grandmother explains how she managed to keep so young at 90: "It takes time to get old -- and I've never had any." *(Vincentia Rogge, in Reader's Digest)***

**We are growing old together, and as we go down through the years we are sharing everything in sight--the laughter and the tears. Now as we sit across the breakfast table, our two hands intertwined, will you lean a little closer, dear, and tell me which pills are mine? *(Evelyn H. Ziehler, in The Saturday Evening Post)*  
The Truth is, we do not growold; when we stop growing, we are old.  
*(Eric Butterworth, in Spiritual Economics, p. 141)*Hmm. Monday already. The weekend went by so fast. Gulp! You know you’re getting old when you check the day of the week by looking at your pill dispenser! *(Lynn Johnston, in For Better or For Worse comic strip)***

**Why aren’t I consoled by knowing that everything is getting older just as fast as I am? *(Ashleigh Brilliant, in Pot-Shots)***

**Age doesn’t always bring wisdom. Sometimes age comes alone.*(Rocky Mountain News)***

**The older I grow the more I distrust the familiar doctrine that age brings wisdom. *(H. L. Mencken, in Prejudices)***

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