**Heart Matters - Ponderings**

**All my words that I shall speak to you receive in your heart.**

***(Ezekiel 3:10)***

**And I will give them one heart,**

**and I will put a new spirit within you.**

***(Ezekiel 11:19)***

**A new heart I will give you,**

**and a new spirit I will put within you.**

***(Ezekiel 36:26)***

Let anyone who is thirsty come to me,

and let the one who believes in me drink.

**As the scripture has said,**

**“Out of the believer’s heart shall flow rivers of living waters.”**

***(St. John 7:37-38)***

**And this is the right way for me to think of you all,**

**for I have you in my heart**

**because through all my imprisonment**

**and my defense and confirmation of the truth of the Gospel,**

**you have been partakers with me of grace.**

***(Philippians 1:7)***

**Let the peace of God rule in your hearts.**

***(Colossians 3:15)***

Comfort your hearts and strengthen them

in every good work and word.

***(2 Thessalonians 2:17)***

**The wicked at heart probably know something. *(Woody Allen)***

**They used to say that two things are bad for the heart: running up stairs and running down people. Well, the doctors now tell us that running up stairs is good exercise. But running down people is still as bad as ever, and it's not good for teamwork and morale, either. Especially when you do it in front of others. *(Bits & Pieces)***

**Of all the earthly music, that which reaches farthest into heaven is the beating of a truly loving heart. *(Henry Ward Beecher)***

**There are many things in life that will catch your eye, but only a few will catch your heart . . . pursue those. *(Land Title Insurance Company calendar)***

**The heart of another is a dark forest, always, no matter how close it has been to one’s own. *(Willa Cather)***

**If my heart can become pure and simple, like that of a child, I think there probably can be no greater happiness than this. *(Kitaro Nishida)***

**The less you open your heart to others, the more your heart suffers. *(Deepak Chopra, M.D.)***

**Come from the heart, and you'll be run over by the people*. (Jack Boland)***

**Wherever you go, go with all your heart. *(Confucius)***

**Not everything is rational, and not everything can be explained. If you don't allow some room for something poetic, for something magic, for something surprising, without the need to explain it away, you do a great disservice to your heart. *((Marc Maron, comedian)***

**God wants nothing of you but the gift of a peaceful heart. *(Meister Eckhart)***

**What your heart thinks is great, is great. The soul's emphasis is always right. *(Ralph Waldo Emerson)***

**A heart enamored of God is unconquerable, for God is its strength. *(St. Catherine of Genoa)***

**If there is room in your heart for an enemy, it is not a safe place for a friend. *(Sufi saying)***

**There is no exercise better for the heart than reaching down and lifting people up. *(John Andrew Holmes)***

**It isn’t signs and miracles that tell you God is near; you only have to look in your heart to know God holds you dear. *(James Dillet Freeman)*In a full heart, there is room for everything. *(Antonio Porchia, poet)***

**The best gifts are tied with heartstrings. *(The Furrow)***

**Give people a bit of your heart rather than a piece of your mind. *(Submitted by Guideposts reader Helen Beam)***

**If nature has made you a giver, your hands are born open, and so is your heart. And though there may be times when your hands are empty, your heart is always full, and you can give things out of that. *(Frances Hodgson Burnett, in A Little Princess)***

**You know, the changes we need won't come from more social legislation. Policy changes are important, they certainly help, but the key is man's heart. If in our hearts we want to change, then we will want to achieve peace and make life better for people -- even at a cost to ourselves. *(Rev. Billy Graham, in Parade magazine)***

**A great man is he who does not lose his child’s heart. *(Mencius, Chinese philosopher)***

**Let your heart guide you. It whispers, so listen closely. *(The Land Before Time)***

**If you haven’t any charity in your heart, you have the worst kind of heart trouble. *(Bob Hope)***

**A kind heart is a fountain of gladness, making everything in its vicinity freshen into smiles. *(Washington Irving)***

**A joyful heart is more easily made perfect than a downcast one. *(St. Philip Neri)***

**Your vision will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakes. *(Carl Jung)***

**The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart. *(Helen Keller)***

**It is a fine thing to establish one's own religion in one's heart, not to be dependent on traditions and second-hand ideals. Life will seem to you, later, not a lesser, but a greater thing. *(D. H. Lawrence)***

**The line separating good and evil passes not through states, nor between classes, nor between political parties either -- but right through every human heart -- and through all human hearts. *(Alexander Solzhenitsyn)*In music one must think with the heart and feel with the brain. *(George Szell, Hungarian-American conductor)***

**No one has ever measured, not even poets, how much the heart can hold. *(Zelda Fitzgerald)***

**Nothing but the heart can change the heart. *(Carroll O'Connor, in I Think I'm Outta Here)***

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**In difficult times, carry something beautiful in your heart. *(Blaise Pascal)***

**There is in the heart of every person a God-shaped vacuum that cannot be satisfied with any created thing but with the Creator. *(Blaise Pascal)***

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**My feet can travel in any direction, but my heart always points home. *(Ashleigh Brilliant, in Pot-Shots)***

**It is wisdom to believe the heart. *(George Santayana)***

**It is only with the heart that one can see rightly, what is essential is invisible to the eye. *(Antoine de Saint-Exupery)***

**Being vulnerable doesn’t have to be threatening. Just have the courage to be sincere, open and honest. This opens the door to deeper communication all around. It creates self-empowerment and the kind of connections with others we all want in life. Speaking from the heart frees us from the secrets that burden us. These secrets are what make us sick or fearful. Speaking truth helps you get clarity on your real heart directives. *(Sara Paddison)***

**Anybody can be a heart specialist. The only requirement is loving somebody. *(Angie Papadakis)***

**What finally matters is that our hearts become like quiet cells where God can dwell, wherever we go and whatever we do. *(Henri Nouwen, in Guideposts magazine)***

**Where I am in time or space hardly matters, if I know I'm in your heart. *(Ashleigh Brilliant, in Pot-Shots)***

**In every community, there is work to be done. In every nation, there are wounds to heal. In every heart, there is the power to do it. *(Marianne Williamson, in A Return to Love)***

**In "The Wizard of Oz," Frank Morgan's Wizard said: "A heart is not judged by how much it loves, but how much it is loved by others." *(L. M. Boyd)***

**Enough of science and of art; close up these barren leaves; come forth and bring with you a heart that watches and receives. *(William Wordsworth, in The Tables Turned)***

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