**Loneliness - Ponderings**

## He that sent me is with me; thy Father hath not left me alone. (St. John 8:29)

## Loneliness is the anxiety that you do not matter at all. (Joyce Huggett)

## "I'm lonely here," Samantha Bee has joked of being the only female host of a late-night television show. (Time magazine, May 1-8, 2017)

**I never feel lonely in the kitchen. Food is very friendly. (Julia Child, in Time magazine)**

**Until you corner a skunk, you don't know lonesome. (Hank Ketcham, Field Newspaper Syndicate)**

**The cure for loneliness, strange as it may seem, is not in more active involvement in the world, but in seeking active unfoldment from within of our essential, isolated self. (Eric Butterworth, in Unity magazine)**

**Loneliness is the surest cure for vanity. (Inspiring Quotations: Contemporary & Classical, compiled by Albert M. Wells, Jr.)**

**Are you lonely? The way to have a friend is to be one. (Dear Abby)**

**Ever notice . . . that some folks not only keep you from being lonely -- they make you wish you were? (The Rev. Claude McDonald, in The Christian Word)**

**If we are lonely, it's not because others won't share with us. It's because we ourselves won't share that which is worthwhile with others. There are people who only want to talk about themselves and expect others to listen and be compassionate. But others need to talk as well. (Tom Johnson, in New Thought magazine)**

**Jealousy is no more than feeling alone against smiling enemies. (Elizabeth Bowen, Irish novelist)**

**If a man does not make new acquaintances as he advances through life, he will soon find himself left alone. A man, sir, should keep his friendship in constant repair. *(Samuel Johnson)***

**Loneliness is knowing the television schedules by heart. *(Bill Vaughan, NANA)***

**Eventually it comes to you: the thing that makes you exceptional, if you are at all, is inevitably that which must also make you lonely. (Lorraine Hansberry, in To Be Young, Gifted and Black)**

**Let me tell you this: If you meet a loner, no matter what they tell you, it's not because they enjoy solitude. It's because they have tried to blend into the world before, and people continue to disappoint them. *(Jodi Picoult, novelist)***

**Loneliness and the feeling of being uncared for and unwanted are the greatest poverty. *(Mother Teresa)***

**You are never so alone as when you are the only one in the room who doesn’t get the joke. (Wise & Aldrich, Universal Press Syndicate)**

**There is nothing more lonely than two people who live in the same house, who are living under the arrangement and living their lives of quiet desperation feeling totally empty and devoid of any true love. This is loneliness. So that loneliness essentially is a deficiency of the Spirit, and it can only be corrected by overcoming the deficiency. (Eric Butterworth, in The Commitment of Love)**

**People are lonely because they build walls instead of bridges. (Joseph Fort Newton)**

**Maybe the biggest problem with loneliness is that we walk around thinking we’re the only ones suffering from it. (Jeanne Marie Laskas, in Washington Post magazine)**

**If you are afraid of being lonely, don't try to be right. (Jules Renard)**

**If you're lonely while you're alone, you're in bad company. (Jean-Paul Sartre)**

**Loneliness is the poverty of self; solitude is the richness of self. (May Sarton, poet)**

**Remember, loneliness is still time spent with the world. (Ocean Vuong, poet)**

**A teacher is someone who is basically very lonely and has to teach in order to get out of his loneliness. (Dr. Paul Brenner)**

**Our language has wisely sensed the two sides of being alone. It has created the word "loneliness" to express the pain of being alone. And it has created the word "solitude" to express the glory of being alone. (Paul Tillich, in The Eternal Now)**

**Be good and you will be lonesome. (Mark Twain)**

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