**Now Living - Ponderings**

**Exodus 16:15 Manna is like coriander seed, white, and the taste of it is like honey in the comb. The Hebrews gathered it from day to day. But on Friday they gathered for the Sabbath day also and it remained fresh. But on the other days of the week, when they broke the divine command and gathered more than their daily bread, and had some left over for the next day, they always found worms in it. *(George M. Lamsa, in Old Testament Light, p. 132)***

**This is the day which the Lord has made;
we will rejoice and be glad in it.**

***(Psalm 118:24)*

Do you not say that after four months comes the harvest?**

**Behold, I say to you, Lift up your eyes and look at the fields**

**which have turned white and have long been ready for the harvest.**

***(St. John 4:35)***

**Now is the acceptable time;
and behold now is the day of salvation.
*(2 Corinthians 6:2)***

**Affirmation: I thank You, God, for my past, that I can learn from it. I thank You for my future, and I know there is good in it. But most of all, I thank You for the newness that I am today. I savor each moment. *(Richard & Mary-Alice Jafolla, in The Quest)***

**All the substance of the Universe, and all the wealth that has ever manifested itself or ever will manifest itself in this world, is present right now. *(Dr. Eric Butterworth, in Spiritual Economics, p. 93)***

**People do not live in the present always, at one with it. They live at all kinds and manners of distance from it, as difficult to measure as the course of planets. Fears and traumas make their journeys slanted, peripheral, uneven, evasive. *(Anais Nin, American writer)***

**Usually I try to take it one day at a time, but lately several have attacked me at once. *(Ashleigh Brilliant, in Pot-Shots)***

**True generosity toward the future consists in giving everything to the present. *(Albert Camus)***

**Historians explain the past and economists predict the future.  Thus, only the present is confusing. *(Earl Wilson)***

**The present contains nothing more than the past, and what is found in the effect was already in the cause.  *(Henri Bergson)*
How wonderful it is that nobody need wait a single moment before beginning to improve the world. *(Anne Frank)***

**This is the only future you will ever know – this place called now. *(Ashleigh Brilliant, in Pot-Shots)*

Yesterday’s the past, tomorrow’s the future, but today is a GIFT.  That’s why it’s called the present. *(Bil Keane, in The Family Circus comic strip)***

**Each new today is a gift – that’s why it’s called the present! And each tomorrow is another present we haven’t unwrapped yet! *(Tom Wilson, in Ziggy comic strip)***

**If you want to spend tomorrow being glad you did it, you have to do it today. *(Ashleigh Brilliant, in Pot-Shots)***

**God made the world round so we would never be able to see too far down the road. *(Isak Dinesen, Danish author)***

**Right where you are is as green as the grass will ever get. Within you is a potential for happiness that does not diminish nor ripen over time.  Happiness doesn’t need time to ripen, it only has to be called forth. It is ever available, ever waiting. *(Richard & Mary-Alice Jafolla, in The Quest)***

**I’m happy living in this place called today – but my lease expires at midnight. *(Ashleigh Brilliant, in Pot-Shots)***

**Heaven and hell is right now – you make it heaven or you make it hell by your actions. *(George Harrison)***

**It’s so nice to get flowers while you can still smell the fragrance.
*(Lena Horne, quoted in People magazine)***

**It’s interesting to re-live the past -- but it sometimes takes up too much of the present. *(Ashleigh Brilliant, in Pot Shots)***

**It never stops being now. The journey back to God is the journey back to now. To ascend into heaven is to sink so deeply into now that we lose interest in past regrets and anxious anticipations. But I make this so complicated. “Should I plan for dinner; should I apologize for what I said yesterday; should I make out a will . . . ?” To think about what it means to be in the present is not to be in the present. Little children are so unsophisticated that they run around, giggle, stare at strangers, taste rocks, and just altogether have way too much fun. They’re so clueless, they don’t even know they have mastered advanced metaphysical concepts and mystical techniques. Today I too will practice being clueless. *(Hugh Prather, in Morning Notes)***

**We should live and learn; but by the time we’ve learned, it’s too late to live. *(Carolyn Wells)***

**To live in the present is to live in eternity. *(Wittgenstein)***

**Much of my life I have looked for God in the momentous, while he’s been waiting in the moment. *(Mike Yaconelli)***

**Don’t put off for tomorrow what you can do today, because if you enjoy it today you can do it again tomorrow. *(James A. Michener, in The Drifters)***

**It’s not easy to sell insurance to people who believe in taking one day at a time. *(Ashleigh Brilliant, in Pot-Shots)***

**“Now” is a point in time that is already gone. *(The PassTime Paper)***

**Yesterday is a canceled check; tomorrow is a promissory note; today is ready cash – use it. *(Kay Lyons)***

**Do what you can with what you have right where you are. *(Theodore Roosevelt)***

**My formula for living: being able to forget everything that happened yesterday and live in the present. *(Dinah Shore)***

**Now are we the Sons of God -- right now.  When a man hears the word “now” in its true sense he finds he has been spelling it backward, and that in reality the “now” understood means “won.”  You have won the sonship and all that goes with it when you understand the “now” of Spirit.  *(Walter Lanyon, in Abundant Living magazine)***

**There is one thing for which all can be thankful, and it is generally overlooked. We can all be thankful for the present moment, because it is what we do and the way we think in the present moment that changes our past and determines our future. *(Doug Hooper)***

**Stinky, what are you thankful for? Just two things, here and now. *(Patrick McDonnell, in Mutts comic strip)***

**Live in each season as it passes; breathe the air, drink the drink, taste the fruit, and resign yourself to the influence of the earth. *(Henry David Thoreau)***

**Let us not look back in anger, nor forward in fear, but around in awareness. *(James Thurber)***

**Time travel: Not in this universe? Sorry, science-fiction fans: Time travel is impossible. That is the sobering conclusion, anyway, of a Hong Kong-based team of physicists. They found that the maximum speed of a single photon, the basic unit of light, “obeys the traffic law of the universe,” Agence France-Presse reports. The photon cannot go faster than the speed of light – 186,282 miles per second – and thus provides no way around the law of physics that an effect can’t come before its cause. Previously, scientists had noticed that in certain mediums, light appeared to exceed its set limit. But when the Hong Kong researchers shot photons through atoms chilled to one ten-thousandth of a degree above absolute zero, they could make more-precise measurements of the waves they generate in the material ahead of them. It turns out even those “optical precursors” can’t break the speed-of-light barrier. Lead researcher Du Shengwang says that means the “information carried by a single photon” can only exist in the present. But the finding doesn’t refute other prospects for time travel, such “wormholes,” which could serve, in theory, as cosmic short-cuts between distant times and places. *(The Week magazine, August 12, 2011)***

**Yesterday is experience, tomorrow is hope, today is getting from one to the other as best we can. *(Bits & Pieces)***

**Sticking with uncertainty is how we learn to relax in the midst of chaos, how we learn to be cool when the ground beneath us suddenly disappears. We can bring ourselves back to the spiritual path countless times every day simply by exercising our willingness to rest in the uncertainty of the present moment – over and over again. To the extent that we stop struggling against uncertainty and ambiguity, to that extent we dissolve our fear. Total fearlessness is full enlightenment – wholehearted, open-minded interaction with our world. *(Pema Chodron, in Comfortable with Uncertainty)***

**Look to this day for yesterday is but a dream, and tomorrow is only a vision, but today, well lived, makes every yesterday a dream of happiness and every tomorrow a vision of hope. Look well, therefore, to this day. *(Sanskrit proverb)***

**It’s comforting to know that whatever happens tomorrow will have absolutely no effect on today. *(Ashleigh Brilliant, in Pot-Shots)***

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Do any human beings ever realize life while they live it – every, every minute? (Thornton Wilder, in Our Town)

**Enjoy your ice cream while it’s on your plate – that’s my philosophy. *(Thornton Wilder)***

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The present is the ever-moving shadow that divides yesterday from tomorrow. (Frank Lloyd Wright, in The Living City)

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