**Regrets**

**Have regular hours for work and play; make each day both useful and pleasant, and prove that you understand the worth of time by employing it well. Then youth will be delightful, old age with bring few regrets, and life will become a beautiful success. (Louisa May Alcott)**

**There are no regrets in life, just lessons. (Jennifer Aniston, American actress)**

**The only thing I regret about my past is the length of it. If I had to live my life again, I'd make the same mistakes, only sooner. *(Tallulah Bankhead, American actress)***

**I still remember being a bully and ridiculing a classmate in third grade. I wish I could push a "rewind" button and change it. *(Mollie Collum, a Centennial, Colorado, Democrat running for the state House in District 39, on her biggest regret, as it appeared in Rocky Mountain News, August 3, 2004)***

**When one door closes another door opens, but we so often look so long and so regretfully upon the closed door, that we do not see the ones which open for us. *(Alexander Graham Bell)***

**If you don’t set goals, you can’t regret not reaching them. *(Yogi Berra)***

**As important as your obligation as a doctor, a lawyer or a business leader will be, you are a human being first, and those human connections with spouses, with children, with friends are the most important investments you will ever make. At the end of your life, you will never regret not having passed one more test, winning one more verdict, closing one more deal. You will regret time not spent with a husband, a child, a friend or a parent. Our success as a society depends not on what happens in the White House but on what happens inside your house. *(Barbara Bush, to students at Wellesley College commencement)***

**Forty-four percent of Americans have regrets about buying their current home, according to a survey by real estate listing site Trulia. The most common source of regret was not choosing the right home size, with nearly a third of homeowners wishing they'd bought a bigger house. *(CNBC.com, as it appeared in The Week magazine, July 28, 2017)***

**Your children make it impossible to regret your past. They're its finest fruits. *(Anna Quindlen, in Black and Blue)***

**The best advice I got from my aunt, the great singer Rosemary Clooney, and from my dad, who was a game show host and news anchor, was: "Don't wake up at 70 years old sighing over what you should have tried. Just do it, be willing to fail, and at least you gave it a shot." *(George Clooney)***

**I’m a realist and so I think regretting is a useless occupation. You help no one with it. But you can’t live without illusions even if you must fight for them, such as “love conquers all.” It isn’t true, but I would like it to be. *(Marlene Dietrich, German-born actress)***

**Your elusive future self: Most of us acknowledge that our values, preferences, and personalities have changed quite a bit from a decade ago. But when asked to project 10 years into the future, a new Harvard University study has found, we assume we’ll be exactly the same, if a bit more wrinkled – what researchers are calling “the end of history illusion.” Psychologist Daniel Gilbert and colleagues surveyed more than 19,000 people between the ages of 18 and 68 and found that the vast majority were unable to imagine changing as much in the future as they readily admitted they had in the past. “All of us seem to have this sense that development is a process that has delivered us to this point and now we’re done,” Gilbert tells LiveScience.com. Younger people were particularly prone to believing that what they thought and valued now would hold true throughout their lives. “The end of history illusion” helps to explain why people get ill-advised tattoos, marry questionable partners, or make financial-planning decisions they come to regret. “People really aren’t very good at knowing who they’re going to be and hence what they’re going to want a decade from now,” Gilbert says. “At every age we think we’re having the last laugh, and at every age we’re wrong.” *(The Week magazine, January 25, 2013)***

**Everyone has regrets, and people who say they haven't are either liars or narcissists. *(Lee Radziwill, socialite)***

**Fools live to regret their words, wise men to regret their silence. *(Will Henry, Chicago Tribune-New York News Syndicate)***

**It is cruelly arbitrary to put all the play and learning into childhood, all the work into middle age, and all the regrets into old age. (Margaret Mead)**

**On December 10, 1901, the first Nobel Prizes were awarded in Stockholm, Sweden, in physics, chemistry, medicine, literature, and peace. Alfred Nobel regretted inventing dynamite in 1875 and so established the Nobel awards for those who fostered peace and progress. (The Daily Chronicle)**

**The most regretful people on earth are those who felt the call to creative work, who felt their own creative power restive and uprising, and gave to it neither power nor time. *(Mary Oliver, artist and poet)***

**Regrets are as personal as fingerprints. *(Margaret Culkin, author)***

**We should all regret doing wrong and delight in doing right -- but life isn’t that simple. (Ashleigh Brilliant, in Pot-Shots)**

**Speak when you're angry, and you'll make the best speech you'll ever regret. *(Lawrence J. Peter)***

**Regret for the things we did can be tempered by time; it is regret for the things we did not do that is inconsolable. (Sydney J. Harris, King Features)**

**Things you regret saying almost as soon as you say them: Mom says to the baby: "Whatever it is, just spit it into Mommy's hand." (Rick Kirkman, in Baby Blues comic strip)**

**For the majority of us, the past is a regret, the future an experiment. *(Mark Twain)***

**My biggest regret -- and I regret it every day, yet I don't do anything about it -- is that I've never kept a diary. *(Barbara Walters)***

***Man*: “How long have you and Opal been married now, Earl?” Earl: “I don’t know. I’ve lost track, but I’ll tell you this, I don’t regret one day of it.” Man: “Which day don’t you regret?” Earl: “April 2, 1990.” *(Brian Crane, in Pickles comic strip)***

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