**Resistance - Ponderings**

**But I say to you that you should not resist evil.**

***(St. Matthew 5:39)***

**Our antagonist is our helper. He that wrestles with us strengthens our muscles and sharpens our skills. *(Edmund Burke, Irish statesman)***

**The thing that makes people and rivers crooked, is always following the line of least resistance. That is not always the best way. We are here to follow the line of letting our light shine. That is what following the path of Jesus Christ is. *(Christopher Ian Chenoweth)***

**Someday is not a day of the week. Which reminds me of a fortune cookie: You often find your destiny on the path you take to avoid it. *(Hector Elizondo)***

**The more we resist a condition the more power we give it. Beware of “fighting a cold” or any other problem under the sun. Disease is simply nothing trying to act like something. It depends upon our belief in it to sustain it. *(Jack E. Addington)***

**What we resist in life, we draw to ourselves. *(Susan Smith James)***

**When we resist anything, we are dwelling only on the old limited ideas from our experience, environment and education; we are not “passing over” into a new consciousness, and our ability to use the imagination creatively is lost to us. *(Jack H. Holland)***

**People who fight fire with fire usually end up with ashes. *(Abigail Van Buren, Chicago Tribune – New York News Syndicate)***

**Old habits of inadequacy can be broken. They are not engraved in copper or sand-blasted into concrete, they are only old patterns that you have accepted for yourself. Oh, yes, you may find that when you reject them they will cry like banshees, but they are only screaming because they are dying. *(Jack E. Addington)***

**The human mind treats a new idea the same way the body treats a strange protein: It rejects it. *(P. B. Medawar, immunologist)***

**It is useless to send armies against ideas. *(Georg Brandes)***

**Any frontal attack on ignorance is bound to fail because the masses are always ready to defend their most precious possession – their ignorance. *(Hendrik Willem van Loon)***

**Argue your limitations and you get to keep them. *(Loretta Ivory)***

**Nothing fixes a thing so intensely in the memory as the wish to forget it. *(Michel de Montaigne)***

**New opinions are always suspected, and usually opposed, without any other reason but because they are not already common. *(John Locke, English philosopher)***

**The outer cannot resist because it is only the reflection of the inner. *(Dr. Jack Addington)***

**Who overcomes by force hath overcome but half his foe. *(John Milton)***

**Every time you try to smother a truth, two others get their breath. *(Bill Copeland)***

**What disturbs us in this world is not trouble, but our opposition to trouble. The true source of all that frets and irritates and wears away our lives is not in external things but in the resistance of our wills to the will of God expressed by eternal things. *(Alexander Maclaren)***

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