**Thought Power**

**For as he thinketh in his heart, so is he. *(Proverbs 23:7)***

**Do not be conformed to this world,**

**but be transformed by the renewing of your minds,**

**so that you may discern what is the will of God.**

***(Romans 12:2)***

**Think about what you think about. *(George W. Gillette)***

**What you think about and talk about, comes about! *(Larry Winget, in Money Stuff, p. 88)***

**By the power of his thought Elijah penetrated the atoms and precipitated an abundance of rain. By the same law he increased the widow's oil and meal. This was not a miracle -- that is, it was not a divine intervention supplanting natural law -- but the exploitation of a law not ordinarily understood. Jesus used the same dynamic power of thought to break the bonds of the atoms composing the few loaves and fishes of a little lad's lunch -- and five thousand people were fed. *(Charles Fillmore, in Atom-Smashing Power of Mind, p. 9)***

**Think like as man of action; and act like a man of thought. *(Henri Bergson. French philosopher)***

**Our life is what our thoughts make it. A man will find that as he alters his thoughts toward things and other people, things and other people will alter towards him. *(James Allen)***

**A positive mind anticipates happiness, joy, health and success. Whatever the mind expects, it finds. *(Harvey Mackay, in Outswimming the Sharks)***

**Those who know all about archery say it's 95 percent mental. *(L. M. Boyd)***

**People the world over were amazed and terrified when they read of the destruction wrought on the cities and people of Japan by two atomic bombs. But do we realize that millions of people are killed every year by atomic force? Doctors tell us that it is the toxin generated in our own bodies that kills us. What produces this destructive force? It must be our own minds, and the remedy must also be in a change of mind. Paul expressed this when he said, “By ye transformed by the renewing of your mind." *(Charles Fillmore, in Atom-Smashing Power of Mind, p. 15)***

**That which you can conceive, in mind, believe, in mind, and confidently expect, in mind, will become your experience. You will note that I have repeated in mind. Everything takes place in the mind of the person setting the goal. *(Jack E. Addington)***

**For centuries people believed that Aristotle was right when he said that the heavier an object, the faster it would fall to earth. Aristotle was regarded as the greatest thinker of all time, and surely he would not be wrong. Anyone, of course, could have taken two objects, one heavy and one light, and dropped them from a great height to see whether or not the heavier object landed first. But no one did until nearly 2,000 years after Aristotle’s death. In 1589 Galileo summoned learned professors to the base of the Leaning Tower of Pisa. Then he went to the top and pushed off a ten-pound and a one-pound weight. Both landed at the same instant. The power of belief was so strong, however, that the professors denied their eyesight. They continued to say Aristotle was right. *(Bits & Pieces)***

**If you hang bird cages in your mind, eventually you go out and get something to put into them. *(Harvey Mackay)***

**I am giving minute details of my healing because it would be considered a medical impossibility and a miracle from a religious standpoint.  However I have watched the restoration year after year as I applied the power of thought, and I know it is under divine law.  So I am satisfied that here is proof of a law that the mind builds the body and can restore it. *(Charles Fillmore, in Atom-Smashing Power of Mind, p. 133)***

**A few years ago, I was working on my broken down car and getting extremely frustrated in trying to fix it. My thought at that moment was, “I don't need this aggravation.” The very next day, the car was gone. Stolen. After the initial shock, I realized that: a) Thoughts are powerful; and b) He must have been a good mechanic. The realization expanded the experience of loss to a humorous lesson and allowed me to get on with my day. *(Terry Braverman, in New Thought magazine)***

**Change your thoughts and you change your world. *(Norman Vincent Peale)***

**She conceived her divine and human child in the mind before she did in the body. *(Pope Leo the Great)***

**When she said, “Behold the handmaid of the Lord,” she was conceiving Christ in her mind before she did in her womb.” *(St. Augustine of Hippo)***

**Winston Churchill, prime minister of England during World War II, lived with an odd superstitious fear for most of his life. Churchill went through life fearing each year that he would die on January 24 because his father had died on that date in 1895. On January 24, 1965, Winston Churchill did indeed pass away--seventy years to the day his father died. *(Charles Reichblum, in Knowledge in a Nutshell, p. 136)***

**Our thoughts create our reality – where we put our focus is the direction we tend to go. *(Peter McWilliams)***

**There is a little difference in people, but that little difference makes a big difference. The little difference is attitude. The big difference is whether it is positive or negative. *(Clement Stone)***

**The greatest discovery of my generation is that human beings can alter their lives by altering their attitude of mind. *(William James)***

**I have dreamed in my life, dreams that have stayed with me ever after, and changed my ideas; they have gone through and through me, like wine through water, and altered the color of my mind. (*Emily Bronte)***

**The secret of living a life of excellence is merely a matter of thinking thoughts of excellence. *(Charles Swindoll)***

**Words are secondary. Thoughts, fed, travel far. *(Joan Chittister, O.S.B.)***

**A man had bought a new gadget -- unassembled, of course -- and after reading and rereading the instructions he couldn’t figure out how it went together. Finally, he sought the help of an old handyman who was working in the backyard. The old fellow picked up the pieces, studied them, then began assembling the gadget. In a short time, he had it put together. “That’s amazing,” said the man. “And you did it without even looking at the instructions!” “Fact is,” said the old man, “I can’t read, and when a fellow can’t read, he’s got to think.” *(Bits & Pieces)***

**A Burmese woman has spontaneously changed gender. Thin Sandar, 21, a chicken seller from Rangoon, said she’d always dreamed of being a man, but was still surprised last month to find herself growing a penis. “On the morning of the full moon day of June 21, I noticed my thing was not the same as before, and my breasts disappeared,” said Sandar. “So I called out and showed it all to my mom and dad. It was very strange.” Sandar said her newfound maleness would allow her to pursue another dream – to become a Buddhist monk. *(The Week magazine, July 29, 2005)***

**Golf is played mainly on a five-and-half inch course -- the space between your ears. *(Bobby Jones)***

**Gay Brewer was one of the top golfers of the 1960s and 1970s, and won the 1967 Masters. The year before, he lost the Masters in a playoff with Jack Nicklaus and then lost the following week’s tournament in a playoff with Arnold Palmer. Those losses made Brewer realize that he needed to pay more attention to the mental aspects of golf. That’s when he turned to Dr. Norman Vincent Peale’s book, The Power of Positive Thinking, which I consider one of the best motivational books ever written. I had the privilege of playing in a pro-am with Brewer some years later, and he told me how he even scanned sections of the book before winning the 1967 Masters. *(Harvey Mackay, in Outswimming the Sharks)***

**The overcoming of Goliath by David illustrates the mastery of the spiritual over the material. David's power was gained by trust in divine intelligence, through which he saw the weak place in Goliath's armor. Direct to this weak place he sent thought that shattered the forehead of the giant. *(Charles Fillmore, in The Twelve Powers of Man, p. 36)***

**The oft-discussed metaphysical question of the origin of evil and the source of good is settled in a concise statement by Hamlet: “There is nothing either good or bad, but thinking makes it so.” *(Charles Fillmore, in Atom-Smashing Power of Mind, p. 114)***

**Most folks are about as happy as they make up their minds to be. *(Abraham Lincoln)***

**Never allow yourself to be burdened with the thought that you are having a hard time. (*Charles Fillmore)***

**A person’s mental attitude has an almost unbelievable effect on his powers, both physical and psychological. The British psychiatrist, J. A. Hadfield, gives a striking illustration of this fact in his booklet, “The Psychology of Power.” “I asked three people,” he wrote, “to submit themselves to test the effect of mental suggestion on their strength, which was measured by gripping a dynamometer.” They were to grip the dynamometer with all their strength under three different sets of conditions. First he tested them under normal conditions. The average grip was 101 pounds. Then he tested them after he had hypnotized them and told them that they were very weak. Their average grip this time was only 29 pounds! In the third test Dr. Hadfield told them under hypnosis that they were very strong. The average grip jumped to 142 pounds. *(Bits & Pieces)***

**The Carib Indians of the West Indies believed they would one day be sacrificed to the fire god they worshiped. The prophecy came tragically true when the volcano called La Soufriere on the island of St. Vincent erupted in May 1902 and killed 2,000 people -- including most of the Carib tribe! *(Ripley's Believe It or Not!: Book of Chance, p. 136)***

**All of our problems arise from an intimate partnership that has been set up by our attitudes in an effort to comfort our desires. *(Manly P. Hall)***

**We live in mind, and It can return to us only what we think into it. No mater what we do, Law will always obtain. If we are thinking of ourselves as poor and needy, the Mind has no choice but to return what we have thought into it. “It Is done unto you as you believe.” Thoughts of failure, limitation or poverty are negative and must be counted out of our lives for all time. God has given us a Power and we must use It. We can do more toward saving the world by proving this law than all that charity has ever given to it. *(Ernest Holmes)***

**In one of Sir Arthur Conan Doyle's stories a man who is returning from war is exhausted in the dark of night and coming to a dark and seemingly unoccupied house, he enters and sleeps in the bed. In the morning he found it to be a leper's bed, and later on his way home he noticed some white spots on his body. When he arrived home his family was horrified to hear the story, but they determined to keep it a secret. So for 20 years the man lived in isolation in a little house back of the family home. Then after all those years he became violently ill and they had to call a physician, who finally heard the whole story and upon examination he determined that the white spots were a harmless discoloration “probably caused by fear." *(A Synoptic Study of the Teachings of Unity, p. 27)***

**A man’s life is what his thoughts make of it. *(Marcus Aurelius)***

**You have powers you have never dreamed of. You can do things you never thought you could do. There are no limitations in what you can do except the limitations of your own mind. (*Darwin P. Kingsley)***

**One must live the way one thinks, or end up thinking the way one has lived. *(Paul Bourget, French novelist)***

**Man is not what he thinks he is, but what he thinks, he is. *(Elbert Hubbard***

**A man is what he thinks about all day long. *(Ralph Waldo Emerson)***

**We are all so vain that we love to have our names remembered by those who have met us but once. We exaggerate the talents and virtues of those who can do this and we are ready to repay their powers with lifelong devotion. The ability to associate in the mind names and faces is a tremendous asset to a politician and it will prolong the pastorate of any clergyman. *(William Lyons Phelps)***

**The great English nurse Florence Nightingale took to her bed at age 56, convinced she was about to die of heart disease. She dealt with herself daily thereafter as an imminently terminal case. She died at age 90. *(L. M. Boyd)***

**All the real mastery that man attains in the world has its roots in his mind, and when he opens up the mental realm in his being there are no unattainables. If the conquests of the air achieved in the last quarter of a century had been prophesied the prophets would have been pronounced crazy. The fact is that no one thinking in the old mind realm can have any conception of the transformation of sound waves into electromagnetic waves and back again into words and messages of intelligence. Edison admitted that his discovery of the phonograph was an accident, and that he never fully understood how mechanical vibrations could be recorded and be reproduced in all forms of intelligent communication. *(Charles Fillmore, in Atom-Smashing Power of Mind, p. 63)***

**Instead of thinking of the people whom you have believed to be evil and an undesirable influence, begin to think of the goodness of God in the life of all His children. Think of God as everywhere present light, and love, and peace, and power, and life. As you do this, you will touch the reality of individuals, and you will invite only the best from them. *(Myrtle Fillmore’s Healing Letters, p., 110)***

**Where we place our attention is of vital importance, and it determines our experiences of life. When our focus is primarily on the conditions and appearances of life, we are giving energy to the world of effects and will continue to demonstrate the same kinds of situations. *(Joan Steadman)***

**Sugar pills work as if they were good medicine because people think they work. That’s the “placebo effect.” Opposite is “tomato effect,” that medicine fails to work because people think it won’t. So called because some people in the 18th century got sick on harmless tomatoes – when told they were poisonous. (*L. M. Boyd)***

**When you wield a hammer, throw a ball or swing a club, you execute what’s called a “ballistic movement” -- one that can’t be changed after it’s started. Your brain has to sequence all muscle contractions before it triggers any. So you can rehearse such muscle memory, say experts.  You can practice your golf swing while you’re lying on the couch, for example. *(L. M. Boyd)***

**Remember always that we live in a responsive universe. You can count on the loving intelligence of the universe to support you in bringing forth your good because that is the nature of the universe. Its whole purpose is to produce what we think, feel say and do. Now, isn’t that clever of God to design such a thing. *(Gerry Comstock)***

**It was found by a system of experiments made at Harvard University that the thought of running causes the blood to rush into the legs. A man was put flat on his back on a balanced beam, which was adjusted so that the least bit of added weight at head or foot registered on the index. When a perfect balance was attained, the man was given a problem in mathematics to solve. Immediately the index showed increased weight at the head, indicating that thought had called the blood there. Then he was told to imagine that he was running, and the index showed added weight shifting to the feet. Here is proof that thought not only moves the external members of the body, but that it controls the fluids flowing within the body. *(Charles Fillmore, in Christian Healing, p. 40)***

**Small parasitic wasps of the genus Habrobracon are often gynandromorphs -- that is, crazy-quilt mixtures of male and female chromosomes. Their behavior proves beyond a doubt that the most important sex organ is the mind. For instance, a normal male Habrobracon will copulate with a female and sting the moth larva in which the female lays her eggs. A Habrobracon gynandromorph with a male head and a female body may sting the female and attempt copulation with the moth larva. *(Wallechinsky/Wallace, in The Book of Lists #2, p. 112)***

**Who said, “I think, therefore I am”? Shakespeare? No, Descartes said that. Shakespeare said, “There is nothing either good or bad, but thinking makes it so.” *(L. M. Boyd)***

**Nicotine remains in the blood stream 30 days. So if you stay off cigarettes that long, you’ve got the physical addiction whipped. The rest is head work. So says an anti-smoking specialist. *(L. M. Boyd)***

**Thought is supreme. Preserve a mental attitude -- the attitude of courage, frankness, and good cheer. To think rightly is to create. All things come through desire and every sincere prayer is answered. We become like that on which our thoughts are fixed. *(Elbert Hubbard)***

**I have heard Dr. Norman Vincent Peale talk about the time he wandered into a tattoo parlor. He wasn’t looking for a tattoo. He was just curious. As he looked around at the different slogans and symbols people could choose, one in particular caught his eye. It said “born to lose.” “Excuse me,” Dr. Peale asked the owner of the shop. “Do people really choose to have this printed on their bodies?” “Oh, sure,” came the answer. “Lots of people like that one.” “I don’t understand. Why?”  “Why?” the owner repeated. “They choose to have it printed on their arms because it’s already printed in their minds.” *(Robert A. Schuller, in What Happens to Good People..., p. 78)***

**If it’s clear a teacher thinks a student is intelligent, that student tends to make better grades. All educators know this. It’s called the “Pygmalion effect” in specialized studies of such matters. Yes, the reverse is true, too. *(L. M. Boyd)***

**If you want to know what you were doing in the past, look at your body now. If you want to know what will happen to you in the future, look at what your mind is doing now. *(Dalai Lama, in Kindness, Clarity and Insight)***

**Whatever the mind of man can conceive and believe, it can achieve. There are no limitations to the mind except those we acknowledge. *(Napoleon Hill, in Think & Grow Rich)***

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