**Actions Speak Louder**

**But be doers of the word, and not hearers only.**

***(James 1:22)***

**He who says he abides in Him**

**ought himself also to walk just as He walked.`**

***(1 John 2:6)***

**Little children, let us love, not in word or speech,**

**but in truth and action.**

***(1 John 3:18)***

**Don't go on discussing what a good person should be. Just be one. *(Marcus Aurelius)***

**Remember, if you can’t say something nice about someone, do something nice for them! *(Tom Wilson, in Ziggy comic strip)***

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**James Russell Lowell commented upon the number of people who went year after year to hear Emerson give his lectures in Boston. His explanation was, "We do not go so much to hear what Emerson says as we go to hear Emerson." We do not go to church so much to hear what the preacher says as we go to hear the preacher. It is what a man is which makes what he says eloquent, persuasive, powerful. He must be the word he speaks. *(Raymond Holliwell, in I.N.T.A. magazine)***

**Emerson refers to the possibility that what you are speaks so loudly that one cannot hear what you say. *(Eric Butterworth, in Discover the Power Within You, p. 77)***

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**A farmer never plowed a field by only turning it over in his mind. *(Elizabeth Leon-Harris)***

**My father didn't tell me how to live; he lived, and let me watch him do it. *(Clarence Budington Kelland)***

**You can't build a reputation on what you are going to do. *(Henry Ford)***

**Many a demented person will say that he is speaking the word of God, that he has a message from God, but people pay no attention to him because what he is and what he says are two different things. *(Raymond Holliwell, in I.N.T.A. magazine)***

**All truly wise thoughts have been thought already thousands of times; but to make them truly ours, we must think them over again honestly, until they take root in our personal experience. *(Goethe)***

**There is a great distance between said and done. *(Puerto Rican proverb)***

**The truth is lived, not taught. *(Hermann Hesse)***

**It is impossible to justify the spoken or professed Truth except as we live, to the best of our ability, the life of Truth. *(Divine Science Consecration Course, Lesson 1)***

**If you want to change somebody, don’t preach to him. Set an example and shut up. *(Jack La Lanne, 90, godfather of physical fitness)***

**Live your life in the manner that you would like your kids to live theirs. *(Michael Levine, in Lessons at the Halfway Point)***

**Love talked about can be easily turned aside, but love demonstrated is irresistible. *(W. Stanley Mooneyham, in Come Walk the World)***

**It would be more honorable to our distinguished ancestors to praise them in words less, but in deeds to imitate them more. *(Horace Mann)***

**In any given meeting, when all is said and done, 90 percent will be said and 10 percent will be done. *(Bits & Pieces)***

**Men may doubt what you say, but they will believe what you do. *(Lewis Cass)***

**All the good maxims have been written. It only remains to put them into practice. *(Blaise Pascal)***

**Do everything you ask of those you command. *(George Patton)***

**The activist is not the man who says the river is dirty. The activist is the man who cleans up the river. *(Ross Perot)***

**What we think or what we know or what we believe is, in the end, of little consequence. The only thing of consequence is what we do. *(John Ruskin)***

**Actions speak louder than words; let your words teach and your actions speak. *(St. Anthony of Padua)***

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**Preach the Gospel at all times and, when necessary, use words. *(St. Francis of Assisi)***

**It is no use walking anywhere to preach unless our walking is our preaching. *(St. Francis of Assisi)***

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**The best sermons are lived, not preached. (*Country Extra magazine)***

**A speech or a sermon by itself is so many words unless it is translated into life. People don't listen very long to what any man says unless they see in him something of the truth of what he says. *(Raymond Holliwell, in I.N.T.A. magazine)***

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**What you cannot enforce, do not command. *(Sophocles)***

**We must speak to (the poor and suffering) with our hands by giving, before we try to speak to them with our lips. *(St. Peter Claver, Spanish Jesuit, 17th century)***

**There is a story that is told about how a woman once came to Mahatma Gandhi to seek his help with a problem she was having with her son. It seems the boy was completely addicted to Indian milk sugar sweets. He couldn't stop eating these candy-like treats. The woman asked Gandhi if he could help. Could he please, she implored, ask her son to give them up, and tell him how much better he would feel if he did so? Gandhi looked at the distressed mother and replied, "I can't tell you that this week, but come back next week." The following week the mother arrived with her son, and Gandhi delivered an impassioned little lecture as the mother had requested. "But Baba," the mother asked, "Why did you make us wait a week?" "Because," Gandhi replied, "last week I was also still eating too many milk sweets. I gave them up, and now I, too, feel better." *(Lama Surya Das, in Awakening to Sacred: Creating a Spiritual Life from Scratch)***

**Example is not the main thing in influencing others. It is the only thing. *(Albert Schweitzer)***

**Talk does not cook rice. *(Chinese proverb)***

**A rabbi was walking down the street when a member of his congregation came along and boasted that he had read all the volumes of the Talmud three times. The rabbi looked at him and said, “The important thing is not how many times you have been through the Talmud, but whether the Talmud has been through you." *(Bits & Pieces)***

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**Few things are harder to put up with than a good example. *(Mark Twain)***

**Actions speak louder than words, but not nearly as often. *(Mark Twain)***

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**When he died, George Washington provided in his will for the emancipation of his slaves on the death of Martha, his wife. Washington was the only member of the Virginia dynasty to free all his slaves. *(Richard Shenkman & Kurt Reiger)***

**What you say can mean anything -- but what you do means everything. *(Ashleigh Brilliant, in Pot-Shots)***

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