**My 3 Favorites on “Confidence”**

**My Favorite Thought: In societies where men are truly confident of their own worth, women are not merely tolerated but valued. *(Aung San Suu Kyi, Nobel laureate)***

**My Favorite Story: Snowshoeing in the Vermont mountains for the first time, I became hopelessly lost. I encountered a couple from my lodge, but I plunged on, too proud to ask for directions. The sun was low over the mountains, and I was getting panicky. Then, I finally found my way back. That evening I was enjoying the warmth of the fire when the same couple came up to me. "We're so grateful to you," the woman said. "We had lost our way, but when we saw you moving along with such confidence we followed your tracks back to the lodge." *(Leo Grant, in Reader's Digest)***

**My Favorite Uplift: A girl with a condition that causes baldness has overcome the trauma of losing her hair at age 12 and won abeauty pageant. Angelica Galindez, 19, applied for the Miss Philippines Earth pageant with a picture of herself in a wig, but got the organizers' approval to compete without it and embrace her natural look. The teenager, who has alopecia areata, won one of six crowns and will now travel to the Philippines for the contest's next round. "If you have confidence, and the judges see that, then that's more beautiful than anything else," she said. *(The Week magazine, November 15, 2013)***

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Today, October 20th, 2025, is**

**NATIONAL YOUTH CONFIDENCE DAY**

**For quotes, stories, funnies, anecdotes, illustrations, trivia, and statistics on this topic, I invite you to scroll down the homepage of the website to the Confidence** [**document**](http://www.mondaymunchees.com/) **located in the C-section of documents!**

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**October 13th, 2025 - My Favorite Quote: *(Mahatma Gandhi)* My Favorite Story: Field of Dreams *(Mary Manin Morrissey, in Building Your Field of Dreams, p. 8)* My Favorite Funny: fact and faith *(Bits & Pieces) My 3 Favorites on “Faith”***

**October 6th, 2025 - Statue of Liberty *(Bernie Smith, in The Joy of Trivia, p. 327)***

**September 29th, 2025 - Fritz Kreisler *(Glenn Van Ekeren, in The Speaker’s Sourcebook, p. 276)***

**September 22nd, 2025 - female elephants (Noel Botham, in *The Ultimate Book of Useless Information, p. 48)***

**September 15th, 2025 - diamond (Ronald Schiller, in Reader's Digest)**

**Each excerpt in the** Friendship [document](http://www.mondaymunchees.com/)

 [has been color-coded for your convenience:](http://www.mondaymunchees.com/)

 [inspiring excerpts, interesting excerpts, and funny excerpts!](http://www.mondaymunchees.com/)

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