**Kindness**

**My Favorite Thought: This is my simple religion. There is no need for temples; no need for complicated philosophy. Our own brains, our own heart is our temple; the philosophy is kindness. My religion is kindness. *(The Dalai Lama)***

**My Favorite Story: In the year 1818, Tamatoe, King of Huahine, one of the South Sea Islands, became a Christian. He discovered a plot among his fellow natives to seize him and other converts and burn them to death. He organized a band to attack the plotters, captured them unawares and then set a feast before them. This unexpected kindness surprised the savages, who burned their idols and became Christians. *(James Hastings)***

**My Favorite Funny: In a nature study the children were asked to tell of their various acts of kindness to animals. Several children told touching little stories of rescues and other generous deeds, and finally it was Timmie’s turn. “Now, Timmie,” asked the teacher, “what act of kindness to an animal have you done?” Timmie stood up proudly. “Well.” he announced, “once I kicked a boy for kicking his dog!” *(Pageant)***

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[**Today, October 17th, 2025, is**](http://www.bbc.co.uk/)

**INTERNATIONAL DAY FOR THE ERADICATION OF POVERTY**

[**For quotes, stories, funnies, anecdotes, illustrations, trivia, and statistics on this topic, I invite you to scroll down the homepage of the website to the new Poverty document located in the P-section of documents!**](http://www.bbc.co.uk/)

[**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***](http://www.bbc.co.uk/)

[**Today, September 12th, 2025, is**](http://www.bbc.co.uk/)

**NATIONAL DAY OF ENCOURAGEMENT**

[**For quotes, stories, funnies, anecdotes, illustrations, trivia, and statistics on this topic, I invite you to scroll down the homepage of the website to the new Praise document located in the P-section of documents!**](http://www.bbc.co.uk/)

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**Until arsenic became easy to detect in an autopsy, it was a fairly common means of offing one's enemies. A large dose kills within hours; smaller doses cause a gradual wasting. Arsenic is deadly because it interferes directly with the generation of energy in cells, shutting down all life processes. Any organism that can merely survive in the presence of large amounts of arsenic – and there are a few bacteria that can – is unusual. But one that actually thrives on the lethal substance is extraordinary...The new bacteria, dubbed MIT-13, are anaerobic, meaning that they live without oxygen. Instead they use arsenic in much the same way we use oxygen – to help release energy from food. Rather than halting energy production, the arsenic is a source of energy for MIT-13. (Discover magazine)**

**October 10th, 2025 Dirt *(Beth Weinhouse, in Reader’s Digest) 102547***

**October 3rd, 2025 - Amish don’t get allergies *(The Week magazine, September 26, 2025) illness and disease***

**September 26th, 2025 - Recessions (The Week magazine, December 25, 2009 - January 8, 2010)**

**September 19th, 2025 - blizzard *(John Reddy, in Reader's Digest)***

**September 12th, 2025 -** [**bulldog puppy *(The Week magazine, May 5, 2023)***](http://www.bbc.co.uk/)

[**September 5th, 2025 - allness (James Dillet Freeman, in The Story of Unity, p.199)**](http://www.bbc.co.uk/)

[**August 29th, 2025 - dandelion source of rubber. *(Bernie Smith, in The Joy of Trivia)***](http://www.bbc.co.uk/)

[**August 29th, 2025 – allergy *(Karene)***](http://www.bbc.co.uk/)

[**August 15th, 2025 - molds and bacteria *(Simon Goodenough, in 1500 Fascinating Facts, p. 234)***](http://www.bbc.co.uk/)