[**Favorite Thought of the Week**](http://www.bbc.co.uk/)

**No one is more enslaved than a slave who doesn’t think they’re enslaved. *(Kate Beckinsale, English actress)***

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**For more quotes, stories, funnies, anecdotes, illustrations, trivia,and statistics on this theme, I invite you to scroll down and click open**

**the Non-Resistance document located in the N-section of documents!**

**Each excerpt in the Non-Resistance document**

**has been color-coded for your convenience:**

**inspiring excerpts, interesting excerpts, and** **funny** **excerpts!**

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[**For more quotes, stories, anecdotes, illustrations, trivia, and funnies on this topic, I invite you to scroll down the homepage of the website and check out the recently updated The Process Never Ends document**](http://www.bbc.co.uk/) **located in the P-section of documents!**

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[77](http://www.bbc.co.uk/)

[70](http://www.bbc.co.uk/)

**October 23rd, 2024 - No one is more enslaved than a slave who doesn’t think they’re enslaved. *(Kate Beckinsale, actress)***

**October 16th, 2024 - The greatest conqueror is he who overcomes the enemy without a blow. *(Chinese proverb) non-resistance***

**October 9th, 2024 - aloud to a child *(Roger Rosenblatt, in Family Circle)* reading**

**October 2nd, 2024 - Everything will be okay in the end. If it's not okay, it's not the end. *(John Lennon)***

**September 25th, 2024 - *(James Earl Jones, in 2014) process never ends***

**September 18th, 2024 - Once the game is over, the king and the pawn go back into the same box. *(Italian proverb) equality***

**September 11th, 2024 - The best way to succeed in life is to act on the advice we give to others. *(Bits & Pieces) advice***

**September 4th, 2024 - The Ark was built by amateurs, and the Titanic by experts. Don’t wait for the experts. *(Murray Cohen) moving into action***

**August 28th, 2024 - easiest way to get into trouble is to be right at the wrong time. *(Bits & Pieces) rightness***

**August 21st, 2024 - When you finally go back to your old hometown, you find it wasn’t the old home you missed but your childhood. *(Sam Ewing) home sweet home***

**August 14th, 2024 - Remember that happiness is a way of travel -- not a destination.(Roy M. Goodman) happiness**

**August 7th, 2024 - After all is said and done, more is said than done. *(The PassTime Paper) speech***

[**July 31st, 2024 - We are all to blame *(Jim Paloucek, in The North Platte Telegraph) blame***](http://www.bbc.co.uk/)

[**July 24th, 2024 - Everybody thinks of changing humanity, and nobody thinks of changing himself. *(Leo Tolstoy) change***](http://www.bbc.co.uk/)

[**July 17th, 2024 - *(Albert Schweitzer) giving & sharing***](http://www.bbc.co.uk/) ***179324***

[**July 10th, 2024 - Let him that would move the world, first move himself. *(Socrates)***](http://www.bbc.co.uk/)

[**July 3rd, 2024 - Every now and again *(Sidney Lovett) connecting***](http://www.bbc.co.uk/)

[**June 26th, 2024 - Man says, “Show me, and I’ll trust you.” God says, “Trust me and I’ll show you.” *(Submitted by Guideposts reader Jeanette Zahler)***](http://www.bbc.co.uk/)

[**June 19th, 2024 - To improve is to change; to be perfect is to change often. *(Winston Churchill) perfection***](http://www.bbc.co.uk/)

[**June 12th, 2024 - I have never let my schooling interfere with my education. *(Mark Twain) education***](http://www.bbc.co.uk/)

[**June 5th, 2024 - it has been a successful day. *(Alex Noble, film maker) success***](http://www.bbc.co.uk/)

[**May 30th, 2024 - Nothing *(John Sculley, in The Atlantic) separation***](http://www.bbc.co.uk/)

[**May 23rd, 2024 - It’s good for us when – *(George Saunders) war***](http://www.bbc.co.uk/)

[**May 16th. 2024 - Fear knocked at the door. Faith answered. No one was there. *(Bits & Pieces)***](http://www.bbc.co.uk/)

[**May 9th, 2024 - Babies are bits of stardust blown from the hand of God. Lucky the woman who knows the pangs of birth for she has held a star. *(Larry Barretto) mother’s day***](http://www.bbc.co.uk/)

[**May 2nd, 2024 - Of one thing I am certain, the body is not the measure of healing – peace is the measure. *(George Melton)* *peace***](http://www.bbc.co.uk/)

[**April 24th, 2024 - You must be the change you want to see in the world. *(Mahatma Gandhi) mirror of self***](http://www.bbc.co.uk/)

[**April 17th, 2024 - measure of healing *(George Melton) peace***](http://www.bbc.co.uk/)

[**April 10th, 2024 - say something beautiful. *(Grace Paley, in The New York Review of Books) speech***](http://www.bbc.co.uk/)

[**April 3rd, 2024 - accept responsibility *(Joan Didion) responsibility / respect***](http://www.bbc.co.uk/)

[**March 26th, 2024 - *(Teddy Roosevelt, 26th U. S. President) what’s more important***](http://www.bbc.co.uk/)

[**March 19th, 2024 - Will a society *(Richard Conniff, in National Geographic magazine) spending***](http://www.bbc.co.uk/)

[**March 12th, 2024 - *(Joyce & Barry Vissell, in Risk To Be Healed) choice***](http://www.bbc.co.uk/)

[**March 5th, 2024 - The more you learn *(Julian Bames, author) learning***](http://www.bbc.co.uk/)

[**February 28th, 2024 - *(Jon Batiste, at the 64th Annual Grammy Awards) artistry***](http://www.bbc.co.uk/)

[**February 21st, 2024 - The more I grow *(Beyonce, musician, on the Renaissance World Tour) joy***](http://www.bbc.co.uk/)

[**February 14th, 2024 - *(Albert Schweitzer, in The National Law Review) influence and living it***](http://www.bbc.co.uk/)

[**February 7th, 2024 - Each time *(James Clear, author) process***](http://www.bbc.co.uk/)

[**January 29th, 2024 - It is much easier to recognize error *(Goethe) 199224 easier does it***](http://www.bbc.co.uk/)

[**January 22nd, 2024 - Illegal aliens *(Robert Orben, humorist) immigration***](http://www.bbc.co.uk/)

[**January 15th, 2024 - Use different tools *(Albert Einstein) problem solving***](http://www.bbc.co.uk/)

[**January 8th, 2024 – enemies *(Taylor Swift, in Time magazine) enemies***](http://www.bbc.co.uk/)

[**January 1st, 2024 - We are better *(Laura Ingalls Wilder, in Country Living) Christmas ponderings***](http://www.bbc.co.uk/)