**Illness and Disease**

**I will take sickness away from among you.**

***(Exodus 23:25)***

**The passion for setting people right is in itself an afflictive disease. *(Marianne Moore, American poet)***

**Patient: "My leg is swollen, I'm tired all the time, I can't remember anything, I'm always running to the bathroom, I'm dizzy, my head aches, I'm grumpy and I can't sleep." Doctor: "And besides that how do you feel?" Patient: "Fantastic!" *(Chris Browne, in Raising Duncan comic strip)***

**The soul has more diseases than the body. *(Henry Wheeler Shaw, “Josh Billings”, American author)***

**A boss who has the reputation of being a real slave driver became ill and had to stay home from the office. His wife called his secretary to give her the news. “He won’t be in today,” the wife said. “He’s sick. And you know what kind of mood he’s in.” “Oh my, yes,” said the secretary. “God help those germs.” *(James Dent, in Charlotte, W. Va., Gazette)***

**Doctor: "You feel like you've been burning the candle at both ends?" Frank: "I feel like I've been sticking it in the microwave." *(Bob Thaves, in Frank & Ernest comic strip)***

**A cancer is not only a physical disease, it is a state of mind. *(Michael M. Baden, 20th-century medical examiner)***

**Body and soul cannot be separated for purposes of treatment, for they are one and indivisible. Sick minds must be healed as well as sick bodies. *(C. Jeff Miller)***

**Customer, examining the price sticker of a new car, to salesman: "You people have given 'car sickness' a whole new meaning!" *(Bill Maul, in National Enquirer)***

**Medical researchers have discovered a new disease that has no symptoms. It is impossible to detect, and there is no known cure. Fortunately, no cases have been reported thus far. *(George Carlin, in Napalm & Silly Putty)***

**We are the carriers of health and disease -- either the divine health of courage and nobility or the demonic diseases of hate and anxiety. *(Joshua Loth Liebman)***

**If I had my way I'd make health catching instead of disease. *(Robert Green Ingersoll)***

**While the medical profession has conquered most of the childhood diseases, boys and girls seem to be afflicted, as much as ever, with whatever it is that prevents them from being sleepy at bedtime. *(Franklin P. Jones, in Quote magazine)***

**Children, in general, are over-clothed and overfed. To these causes, I impute most of their diseases. *(William Cadogan)***

**Chronic diseases associated with overeating, under-exercising, and smoking cost the economy $117 billion a year. *(The Boston Globe, as it appeared in The Week magazine, March 10, 2006)***

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**Diseases of the soul are more dangerous and more numerous than those of the body. *(Cicero)***

**The diseases of the mind are more destructive than those of the body. *(Marcus Tullius Cicero)***

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**Serious illness doesn't bother me for long because I am too inhospitable a host. *(Norman Cousins)***

**Medical science has yet to develop an ailment which will interest friends and neighbors as much as a black eye. *(Bill Vaughan, in Reader's Digest)***

**The deviation of man from the state in which he was originally placed by nature seems to have proved to him a prolific source of diseases. *(Edward Jenner)***

**Patient says to doctor: "I don't really want a diagnosis. What diseases have you got for under $50?" *(Jim Unger, in Classic Herman comic strip)***

**Nurse says to Ziggy: "This isn't one of those disgusting diseases is it? The doctor is trying to avoid those!" *(Tom Wilson, in Ziggy comic strip)***

**The disappearing sick day: With more Americans working from home, sick days are disappearing, said Erica Pandey in Axios.com. A survey by OnePoll has found that two in three workers “say they feel less inclined to take time off” for illness when working from home. This warrior mentality isn’t necessarily something to celebrate. Working while sick has been shown to “slow down workers’ recovery and prolong illnesses,” contributing to a faster burnout rate. “The lack of definition around sick days” is another problem that’s become exacerbated by the pandemic. Because “remote workers can’t get colleagues sick,” it has “raised the bar for how sick is sick enough to take the day off.” *(The Week magazine, November 19, 2021)***

**The doctor may also learn more about the illness from the way the patient tells the story than from the story itself. *(James B. Herrrick)***

**Harboring unforgiveness and resentment in our hearts does not hurt others.  It hurts us.  It eats away at the soul, filling it with bitterness and blocking the free flow of God’s love, which is the essence of our true nature. *(Richard & Mary-Alice Jafolla, in The Quest, p. 249)***

**We classify disease as error, which nothing but Truth or Mind can heal. *(Mary Baker Eddy, founder of Christian Science)***

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**It is dainty to be sick, if you have leisure and convenience for it. *(Ralph Waldo Emerson)***

**We forget ourselves and our destinies in health, and the chief use of temporary sickness is to remind us of these concerns. (Ralph Waldo Emerson)**

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**Epidemics have often been more influential than statesmen and soldiers in shaping the course of political history, and diseases may also color the moods of civilization. *(Renee Dubos)***

**Those who think they have not time for bodily exercise will sooner or later have to find time for illness. *(Edward Stanley)***

**Medical records indicate it's the rich rather than the poor who are most likely to die of exotic ailments -- because they travel more. *(L. M. Boyd)***

**The fact that your patient gets well does not prove that your diagnosis was correct. *(Samuel J. Meltzer)***

**The fear of life is the favorite disease of the twentieth century. *(William Lyon Phelps)***

**In the nineteenth century, men lost their fear of God and acquired a fear of microbes. *(Medical Wit & Wisdom, Compiled by Jess M. Brallier, p. 118)***

**In 1919, Charles Fillmore went through an illness so serious that some of those who were close to him did not think that he would survive, even though they were affirming Truth for him. For months, he was unable to deliver the Sunday talks. Yet whenever he was able, he was at his office, doing what he could; and always, steadfastly, whatever appearances might indicate, he was affirming health for himself. He came out of the illness with renewed vigor. Through the 1920s, the growth of Unity made ever increasing demands on his time and energy, but he was able to meet them all. *(James Dillet Freeman, in The Story of Unity, p. 199)***

**Fishing may be termed a disease with some men, but it isn't necessarily catching. *(Philadelphia Bulletin)***

**A bodily disease, which we look upon as whole and entire within itself, may, after all, be but a symptom of some ailment in the spiritual part. (*Nathaniel Hawthorne)***

**Aspirin, heating pad, change all the sheets;**

**Fruit juices, coffee, the pattern repeats.**

**Up and down stairs till I'm ready to fold --**

**The head of the house has contracted a cold. *(Elinor K. Rose)***

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**What distinguished the Greek physician Hippocrates from the other healers of his time? He was the first to insist that evil spirits had nothing to do with diseases, that diseases had natural causes. *(L. M. Boyd)***

**A wise man should consider that health is the greatest of human blessings, and learn how by his own thought to derive benefit from his illnesses. (Hippocrates)**

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**All man’s diseases are of the soul, or psyche. In treating we are not concerned with the organ as such. We remember that man is a spiritual being. We know that he is the manifestation of God Who is Spirit. So we are interested in man as a spiritual being, and not in his physical or outer expression. We turn to the Invisible, to the Divine, to the Inner Nature of Man. *(H. B. Jeffrey)***

**Disease is a physical process that generally begins that equality which death completes. *(Samuel Johnson)***

**Physicians think they do a lot for a patient when they give his disease a name. *(Immanuel Kant)***

**John Ralston, former coach of the Denver Broncos, explaining his departure: "I left football because of illness and fatigue. The fans were sick and tired of me." *(Reader's Digest)***

**Your illness license has expired -- report back to health immediately! *(Ashleigh Brilliant, in Pot-Shots)***

**Life is an incurable disease. *(Abraham Cowley)***

**Love's a disease. But curable. *(Rose Macaulay)***

**First the doctor told me the good news: I was going to have a disease named after me. *(Steve Martin)***

**For the most violent diseases the most violent remedies. *(Michel de Montaigne)***

**The mortality rate for infectious diseases is lowest between the ages of five and fifteen. After twenty-five the body is much more susceptible to disease. *(David Louis, in Fascinating Facts, p. 99)***

**The most important thing in illness is never to lose heart. *(Nikolai Lenin)***

**The biggest disease today is not leprosy or tuberculosis, but rather the feeling of being unwanted. *(Mother Teresa)***

**The trick to figuring out "new diseases" is less a matter of identifying bizarre killer germs than one of isolating the features of modern life and the environment that have given old microbes new power. *(Michael Rogers, in American Health magazine)***

**Patient says to her doctor: "We had much nicer diseases when I was a girl." *(Jim Unger, in Classic Herman comic strip)***

**Nobody is sicker than the man who is sick on his day off. *(Bill Vaughan)***

**A "nosocomial disease" is any ailment you pick up in the hospital while you're there for treatment of some other disease. New England Journal of Medicine has reported 36 percent of all hospital patients get those dreaded nosocomial diseases. *(L. M. Boyd)***

**The passion for setting people right is in itself an afflictive disease. *(Marianne Moore, poet)***

**When meditating over a disease, I never think of finding a remedy for it, but, instead, a means of preventing it. *(Louis Pasteur)***

**Some people are so sensitive they feel snubbed if an epidemic overlooks them. *(Frank Hubbard)***

**When a young physician he possessed twenty remedies for every disease, and at the close of his career he found twenty diseases for which he had not one remedy. *(John Radcliffe)***

**They do certainly give very strange and new-fangled names to diseases. *(Plato)***

**The diseases of the present have little in common with the diseases of the past save that we die of them. *(Duke of Richelieu)***

**Sickness and disease are in weak minds the sources of melancholy; but that which is painful to the body, may be profitable to the soul. Sickness puts us in mind of our mortality, and, while we drive on heedlessly in the full career of worldly pomp and jollity, kindly pulls us by the ear, and brings us to a proper sense of our duty. *(Richard E. Burton)***

**Many illnesses are promoted from the third-rate to the first-rate by the anxious mind. *(Eric Partridge)***

**Some remedies are worse than the diseases. *(Publilius Syrus)***

**Disease is the retribution of outraged Nature. *(Hosea Ballou)***

**To safeguard one's health at the cost of too strict a diet is a tiresome illness indeed. (*Francois de La Rochefoucauld, essayist)***

**All diseases of Christians are to be ascribed to demons. *(St. Augustine)***

**'Tis an ill cook that cannot lick his own fingers. *(William Shakespeare)***

**I enjoy convalescence. It is the part that makes the illness worthwhile. (*George Bernard Shaw)***

**We are sick because our cells are sick. *(Christian de Duve)***

**Dr. Bernie Siegel shocks his cancer patients when he asks them, "Why did you need this illness?" He claims that our bodies break down to give us a message, and many times it is a message that we have been ignoring. According to Dr. Siegel, while nobody wants to be ill, many patients say that cancer was the best thing that ever happened to them. They learned to appreciate life and to express their feelings to their loves ones. They were able to pick up the paintbrush they previously had been too busy to hold. Even illness can be a blessing. *(Laurie Beth Jones, in Jesus CEO, p. 48)***

**Disease is simply nothing trying to act like something. It depends upon our belief in it to sustain it. *(Jack E. Addington)***

**There are only two things a child will share willingly -- communicable diseases and his mother's age. *(Benjamin Spock)***

**Saying a subject is too awful or painful to joke about is like saying a disease is too awful to be treated. *(Louis C. K., in Reader's Digest)***

**Decay and disease are often beautiful, like the pearly tear of the shellfish and the hectic glow of consumption. *(Henry David Thoreau)***

**It is with disease of the mind, as with those of the body; we are half dead before we understand our disorder, and half cured when we do. *(Charles Caleb Colton)***

**Samuel Morse, inventor of the telegraph, was also an accomplished artist. He once painted a picture of a man in his death agony and showed it to a friend who happened to be a doctor. "Well, what's your opinion?" Morse demanded, after his friend had studied the painting. "Malaria," said the physician without hesitation. *(Medical Wit & Wisdom, Compiled by Jess M. Brallier, p. 118)***

**Thinking is the most unhealthy thing in the world, and people die of it just as they die of any other disease. *(Oscar Wilde)***

**Doctor: "You've either got a common cold or the bubonic plague." Patient: "Bubonic plague? How do you tell the difference?" Doctor: "Well, if it's a cold you'll be ok in a week or so. If it's bubonic plague my name will appear in medical journals." *(Bud Grace, in Piranha Club comic strip)***

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