**Nature’s Gifts**

**When they were looking for a way to protect the heads of football players, researchers studied the woodpecker because this bird hammers steadily with its head without suffering injury. A helmet was designed with air spaces similar to those in the woodpecker’s skull, which act as shock absorbers. (Barbara Seuling, in You Can't Sneeze with Your Eyes Open, p. 14)**

[***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\****](http://www.bbc.co.uk/)

**Today, April 28th, 2025, is**

**WORLD DAY FOR SAFETY AND HEALTH AT WORK**

[**For quotes, stories, funnies, anecdotes, illustrations, trivia, and statistics on this topic, I invite you to scroll down**](http://www.bbc.co.uk/) **and click open the Safety document located in the S-section of documents!**

**Each excerpt in the Safety document**

**has been color-coded** **for your convenience:**

**inspiring** **excerpts, interesting** **excerpts, and** **funny** **excerpts!**

[***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\****](http://www.bbc.co.uk/)

**April 21st, 2025 – rain (Discover magazine)**

**April 14th, 2025 – spiders (Leicester Hemingway, in The Living World of Nature, p. 135)**

**April 7th, 2025 – pythons (The Week magazine, November 18, 2011)**

**March 31st, 2025 - termites. The insects, it was *(Shaun Pett, in Reader’s Digest)***

[**March 24th, 2025 - barnacles *(Reader’s Digest, March/April, 2022, p. 50)***](http://www.bbc.co.uk/)

[**March 17th, 2025 - beaver colony *(The Week magazine, February 21, 2025)***](http://www.bbc.co.uk/)

[**March 10th, 2025 - hurricanes *(L. M. Boyd)***](http://www.bbc.co.uk/)

[**March 3rd, 2025 - cockleburs *(Judith Stone, in Reader's Digest)***](http://www.bbc.co.uk/)