**Each excerpt below is color-coded for your convenience:**

**inspiring excerpts, interesting excerpts, and funny excerpts!**

**Peace**

**Agree with God, and be at peace;**

**in this way good will come to you.**

***(Job 22:21)***

**Great peace have those who love your law;**

**nothing can make them stumble.**

***(Psalm 119:165)***

**When the ways of people please the Lord,**

**he causes even their enemies to be at peace with them.**

***(Proverbs 16:7)***

**Peace, peace, to the far and the near.**

***(Isaiah 57:19)***

**Peace, peace, when there is no peace.  *(Jeremiah 6:14)***

**Blessed are the peacemakers,**

**for they will be called children of God.  *(St. Matthew 5:9)***

**Whatever house you enter, first say, "Peace to this house."**

***(St. Luke 10:5)***

**Jesus said:**

**“Do you think that I have come to bring peace on earth?**

**I say to you, No, but divisions;**

**for from henceforth there will be five in a house,**

**who will be divided, three against two, and two against three.**

**For a father will be divided against his son, and a son against his father; a mother against her daughter, and a daughter against her mother;**

**a mother-in-law against her daughter-in-law,**

**and a daughter-in-law against her mother-in-law.”**

***(St. Luke 12:51-53)***

**Peace be with you.**

***(St. Luke 24:36)***

**Peace I leave with you; my peace I give to you.**

**I do not give to you as the world gives.**

**Peace I leave with you; my peace I give to you.  
*(St. John 14:27)***

**Let us then pursue what makes for peace**

**and for mutual upbuilding.**

***(Romans 14:19)***

**For God is a God not of disorder but of peace.**

***(1 Corinthians 14:33)***

**Live in peace; and the God of love and peace will be with you.**

***(2 Corinthians 13:11)***

**The peace of God, which surpasses all understanding,**

**will guard your hearts and your minds in Christ Jesus.**

***(Philippians 4:7)***

**Pursue peace with everyone,**

**and the holiness without which no one will see the Lord.**

***(Hebrews 12:14)***

**And a harvest of righteousness is sown in peace**

**for those who make peace.**

***(James 3:18)***

**Pain will come, just like pleasure. Hate will come, just like love. And when both are accepted, unaffected by the mind, then there will be peace. *(Baba Hari Das)***

**Peace at last: Indonesian separatists in Aceh agreed to a peace accord this week, ending a 30-year conflict that has claimed more than 15,000 lives. Under a deal brokered by former Finnish president Martti Ahtisaari, the rebels will lay down their arms and receive full amnesty, while the Indonesian military will withdraw two-thirds of the troops it has stationed in the region. Both sides said the breakthrough was partly due to last December’s tsunami, which killed 130,000 people in the province. Thousands of U.N. and other aid workers descended on the province and worked with both the rebels and the military to rescue survivors. A formal peace accord is scheduled to be signed in Finland next month. *(The Week magazine, July 29, 2005)***

**A peace accord ending Africa’s longest-running civil war requires Sudan’s government to withdraw at least 91,000 troops from the rebel-controlled south, a rebel official said Sunday, revealing new details of the deal signed Friday. The forces must pull out within 2 1/2 years, while a proposed government for the autonomous southern Sudan will field a separate army. The conflict has contributed to the deaths of 2 million people in the past two decades. *(Rocky Mountain News, January 3, 2005)***

**Peace of mind is not something you get, it’s something that you have already if you stop disturbing it. *(Dean Ornish, in Yoga International magazine)***

**Two very famous artists were asked to paint pictures that would express their idea of peace. One painted a beautiful lake surrounded with colorful flowers and shrubs, behind which on gently rolling pastures lands grazed contented cattle. The other artist painted a waterfall plunging to the rocks below making a fine spray as it hit the bottom where it roared and tumbled tumultuously. On a ledge of rock behind the seething cataracts the artist painted a little mother bird quietly sitting on her nest. *(Uplift magazine)***

**Let there be peace at least between you and me. *(Ashleigh Brilliant, in Pot-Shots)***

**All we need for a peaceful world is to ban all discussion of politics, sex, and religion. *(Ashleigh Brilliant, in Pot-Shots)***

**Peace, if it ever exists, will not be based on the fear of war, but on the love of peace. *(Herman Wouk)***

**To honor the truest expression of humanity, we must all call for peace. We must accept only peace. But first, we must become peace itself, not an idea or image of peace, but actual peace, the peace in which violence cannot arise, because its true causes have been seen, understood, and transformed. *(Robert Rabbin)***

**Peace begins with the spirit of God within us. *(William L. Fischer, Unity Minister)***

**Peace: In international affairs, a period of cheating between two periods of fighting. *(Ambrose Bierce, journalist)***

**If we are peaceful, and if we are happy, we can blossom like a flower, and everyone in our family and our entire society will benefit from our peace. *(Thick Nhat Nanh)***

**The tomahawk was the war axe of various North American Indians. The word comes from some form or other of Algonkin “otomahuk,” meaning “to chop down.” When warring tribes tired of hostilities, they would, with great ceremony, bury the war axes. Thus, “to bury the hatchet.” Of course when they got bored with peace, as they always did, they would, with equal ceremony, dig up the hatchet and go at it again, hammer and tongs. *(Bernie Smith, in The Joy of Trivia, p. 257)***

**Woman: “You entered the mall and mindlessly bought the first suit you saw! You didn’t even think about it! And yet you seem blissful about your purchase!” Man: “Such is the way of the Zen shopper.” *(Pat Brady, in Rose Is Rose comic strip)***

**It looks as though 1988 could go down in the history books as an annus microbilis, a year when peace broke out around the world. *(Nicholas Ashford)***

**Upon the plains of Waterloo there stands a great bronze lion, forged from the captured guns of Britain's foes in 1815. The beast's mouth is open and snarls through his teeth over the battlefield. When I saw it last, one spring noonday, a bird had built its nest right in the lion's mouth, twining the twigs of the downy bed where the fledgings nestled around the very teeth of the metal monster, and from the very jaws of the bronze beast the chirp of the swallows seemed to twitter forth timidly the tocsin of peace. *(Walter Baxendale)***

**When Admiral Richard Byrd believed himself to be dying in the ice of the Ross Barrier, he wrote some thoughts of happiness. “I realized I had failed to see that the simple, homely, unpretentious things of life are the most important. When a man achieves a fair measure of harmony within himself and his family circle, he achieves peace. At the end only two things really matter to a man, regardless of who he is: the affection and understanding of his family.” *(June Callwood, in Reader's Digest)***

**Man needs to know that he can resolve his deep frustrations. This help comes not to him, but through him. Call yourself a child of God -- and believe it -- and you become a true peacemaker. *(Dr. Eric Butterworth, in Discover the Power Within You, p. 69)***

**Celebrating not war, but peace: The Canadian government keeps trying to get us all worked up about the War of 1812, said Peter Jones. During this bicentennial year, we’re supposed to re-enact battles and glory in our great victory over the United States. In truth, there was no Canada at the time. The war was fought by British soldiers and natives, and “rather than a stirring Canadian victory, it ended when the Americans largely lost interest.” What we ought to celebrate is not battlefield prowess, but peace. The real legacy of the war “is simply that there never was a repeat.” It produced a tacit agreement that the U.S. and Canada would benefit far more by trading with each other than by trying to conquer each other. If that sounds obvious, think again: “It took those sophisticated Europeans another 150 years and two of the bloodiest wars in history to figure it out.” The alliance between the two neighbors has allowed both to thrive, and at this point the idea of going to war is so ridiculous that it’s fodder for comedy. If you look around the world today, you will quickly realize “just how rare a thing” our natural peace is. “And it is a thing very much worth celebrating.” *(The Week magazine, August 24-31, 2012)***

**David Fabbro provides a sensible list of characteristics of peaceful cultures: they do not engage in warfare; there is no standing military organization; there is relatively little interpersonal violence; and there is an ethic of interpersonal harmony. These cultures have a number of common characteristics: they are small in size, simple in technology, and socially nonhierarchical. In contrast, war and organized aggression are associated with community size and cultural development. *(Thomas Gregor, in A Natural History of Peace, p. xvii)***

**Jesus remarked to his disciples, “Why are you afraid? Have you no faith?” Jesus was trying to show his disciples in Mark 4 that other circumstances have no power over us. The citadel of peace within, which is the Christ Consciousness, cannot be hurt, diminished, or destroyed. *(Jack Addington, in New Thought magazine)***

**Garfield: “I am drawing ever closer to inner peace. That's my new name for a nap.” *(Jim Davis, in Garfield comic strip)***

**Peace comes not from the absence of conflict in life but from the ability to cope with it. *(Bits & Pieces)***

**Takes conquerors longer to gain than to lose. In 15 years, Napoleon I overpowered everything between Moscow and Gibraltar, then lost it all in a year or so. Adolf Hitler needed nine years to dominate 1.37 million square miles, only three years to lose them. And you know about Saddam Hussein. *(L. M. Boyd)***

**The Peace Corps, which has long relied on idealistic 20-somethings to fill its ranks, has begun a major recruitment drive aimed at retiring baby boomers. “It’s a resource that if tapped could just bring tremendous value,” said Peace Corps Director, Ronald Tschetter. Currently, just 6 percent of volunteers are over 50. *(Minneapolis Star Tribune, as it appeared in The Week magazine, October 27, 2006)***

**A couple drives for hours, trying to escape the big-city rat race. Winding down back roads and narrow country lanes, they end up in a very small town. Shaking their heads at how peaceful everything is, they enter the town's tiny general store. “The country is so nice and quiet,” they say to the store owner. “It's so much better than life in the city. Don't you agree?” “Can't rightly say,” replied the store owner. “Never lived in the country -- always lived right here in town.” *(Franklin Escher, in Reader's Digest)***

**Once, an American television reporter was interviewing the Dalai Lama of Tibet. The reporter seemed frustrated with the religious leader. “The Communist Chinese have committed terrible atrocities against your people. They have taken over your whole country,” the reporter said. “All you have to do is speak the word, and your followers would rise up in armed rebellion. And yet, you remain passive. Do you truly believe that it is inappropriate to fight back against armed aggression, brutality, and murder?” The Dalai Lama responded, “You must understand that the people who have committed atrocities deserve our compassion. They are not bad people. They are simply people who have not yet grown in their hearts to a level where they can appreciate peace.” *(Robert L. Litchfield, Jr., in To Be a Graceful Giant, p. 10)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**The peace that we desire and need in the world is that which "passeth understanding." Peace cannot come by treaties or agreements, or by wars and boundary lines. Peace can only come when men become receptive to it and become peacemakers in the process of expressing it from within. *(Dr. Eric Butterworth, in Discover the Power Within You, p. 69)***

**The fewer desires, the more peace. *(Thomas Wilson, in Maxims of Piety and Christianity)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**Mallet Eustache, governor of the province of Guise, France, was wounded in each of the 122 battles he fought -- but died peacefully in his sleep in 1349! *(Ripley’s Believe It or Not!: Book of Chance, p. 243)***

**THE TRUTH ABOUT DOVES: Bird authorities claim that emblem of peace called the dove can be a vicious little monster. It’s merciless, they say, when pecking an opponent to death. *(L. M. Boyd, in Boyd’s Book of Odd Facts, p. 6)***

**I dream of giving birth to a child who will ask, “Mother, what was war?” *(Eve Merriam, in Peacemaking: Day by Day)***

**The world will never have lasting peace so long as men reserve for war the finest human qualities. *(John Foster Dulles, former U.S. Secretary of State)***

**Courage is the price that life exacts for granting peace. *(Amelia Earhart)***

**God wants nothing from you but the gift of a peaceful heart. *(Meister Eckhart)***

**One of the true masters of the art of serenity was Thomas Edison. It seems that when his factory burned down, he did not bemoan his fate. As newspaper editors went to interview him immediately following the disaster, they found him calmly at work on plans for a new building. *(Susan Smith Jones, in New Realities magazine)***

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*Another master of this art was Emerson. As his library of precious books was burning in a fire, Louisa May Alcott attempted to console him. “Yes, yes, Louisa, they’re all gone,” the great philosopher said to her, “but let’s enjoy the blaze now.” *(Susan Smith Jones, in New Realities magazine)***

**Nothing can bring you peace but yourself; nothing can bring you peace but the triumph of principles. *(Ralph Waldo Emerson)***

**For every minute that you remain angry, you give up 60 seconds of peace of mind. *(Ralph Waldo Emerson)***

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*Be aware of situations that generate the five great enemies of peace: avarice, ambition, envy, anger, and pride. Petrarch said, “If those enemies were to be banished, we should infallibly enjoy perpetual peace.” *(Dr. Ari Kiev, in Reader’s Digest)***

**Peace is that state in which fear of any kind is unknown. *(John Buchan, in Pilgrim’s Way, 1940)***

**We find inner peace, not through silence alone, if by silence we mean exclusive solitude of some sort, as if we could find freedom only by shutting people out. To do this is to find that we have shut ourselves out, too. Nor do we find it by mere contemplation of “the One without a second” by renouncing the social world that we have found too difficult. The many are also with us on “the Mount” of meditation, howbeit each ascends by his own path. *(Horatio W. Dresser, in Unity magazine)***

**My therapist told me the way to achieve true inner peace is to finish what I start. So far today I have finished two bags of chips and a chocolate cake. I feel better already. *(Rocky Mountain News)***

**He that would live in peace and at ease, must not speak all he knows, nor judge all he sees. *(Ben Franklin)***

**You can't separate peace from freedom because no one can be at peace unless he has his freedom. *(Malcolm X, in Malcolm X Speaks*)**

**Peace is not something you wish for; it's something you make, something you do, something you are, and something you give away! *(Robert Fulghum)***

**There is no path to peace. Peace is the path. *(Mahatma Gandhi)***

**Few things seem so peaceful as a summer garden, with its bright-colored flowers, the sweet perfume of growing plants, the hum of insects, the song of birds and the dancing wings of butterflies. Yet scientists are discovering that in the midst of this seeming serenity, the struggle for survival is intense -- with plants using specialized chemicals to defend against enemies or to attract needed allies. In fact, researchers in the emerging science of allelopathy, the study of how plants use chemicals against other plants, are finding that the battle is quite sophisticated. *(Lowell Ponte, in Reader’s Digest)***

**While you're up, get me some peace of mind. *(Ashleigh Brilliant, in Pot-Shots)***

**The peace of God is everything I want. The peace of God is my one goal; the aim of all my living here, the end I seek, my purpose and my function and my life, while I abide where I am not at home. *(A Course In Miracles Workbook, p. 380)***

**Star Peace, not Star Wars is needed to avert nuclear apocalypse. *(Mikhail S. Gorbachev)***

**Gorillas learn to keep the peace: Male gorillas have a reputation for taking a hard line on male outsiders who wander into their clan’s neighborhood. Field studies show that 9 out of 10 such meetings lead to displays of aggression, with 1 in 5 ending in fighting. Now scientists have found a notable exception in Central Africa, where lowland gorillas have developed an unusual peace pact. When head males from adjacent areas encounter each other, hostility is relatively rare, says Diane Doran Sheehy of the Mondika Research Center, located on the border between the Democratic Republic of the Congo and the Central African Republic. “The males will tolerate other males feeding near them or even getting almost close enough to touch the females,” she says. This tolerant behavior started to make sense once Sheehy and geneticist Brenda Bradley of the Max Planck Institute in Germany analyzed DNA from 121 lowland gorillas groups. Head males from neighboring clans had a high probability of being first-degree relatives, implying that the animals have formed a giant male kinship network – a sort super-family. This network discourages violence. Sheehy speculates, because peaceable interactions may help related males set up their own territories and attract males, thereby increasing the likelihood that shared family genes get passed on. *(Jocelyn Selim, in Discover magazine, July, 2004)***

**Son: “Dad, when will we live in a world without wars?” Hagar: “Soon, my son, very soon!” Son: “How can you be so sure?” Hagar: “World leaders have guaranteed it personally!” *(Dik Browne, in Hagar The Horrible comic strip)***

**Do not seek to have everything that happens happen as you wish, but wish for everything to happen as it actually does happen, and your life will be serene. *(Epictetus)***

**When the power of love overcomes the love of power, the world will know peace. *(Jimi Hendrix)***

**Honk if you love peace and quiet. *(Ashleigh Brilliant, in Pot-Shots)***

**Peace is a situation that is not made at the council tables, but in the hearts of men. *(Herbert Hoover)***

**You can’t hug children with nuclear arms. *(Bumper sticker)***

**“Peace of mind” is our idiom. To mean the same, the Gbeapo people of Liberia say, “My heart sits down.” Natives along the Ivory Coast call it “A body song.” Elsewhere in Africa, locals say, “Where the cool water runs.” Or some variation. *(L. M. Boyd)***

**It's not the situation that's causing your stress, it's your thoughts, and you can change that right here and now. You can choose to be peaceful right here and now. Peace is a choice, and it has nothing to do with what other people do or think. *(Gerald G. Jampolsky, M.D.)***

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**Jesus was very emphatic in declaring the people should not expect his mission to bring immediate peace. He did not make false promises. He wanted his followers to be aware of the future dangers which would confront them. In this way he eliminated from his ranks all who would have followed him for the sake of worldly gains and he enlisted only those who were ready to renounce everything in favor of the gospel and, if necessary, to give even their lives for it. *(George M. Lamsa, in Gospel Light, p. 82)***

**Jesus had found his inner peace to the point that nothing anyone did to him could ever take it from him. He had found the Kingdom of God within himself. We think we live in a difficult time, but Jesus lived in a very troubled time. The pressure of living under Roman domination is something most of us have not had to experience. There were few rights and little civil liberty for the Jews of his time. But he had found the peace that passeth understanding. *(Jack E. Addington)***

**Jesus did not mean his mission was to start agitation, strife and war but his ideas were so revolutionary and contrary to the social and religious order of his day, they could not be carried out without revolution and war. His teaching upset dogmas and traditions and challenged the priestly authority. *(George M. Lamsa, in Gospel Light, p. 82)***

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**Peace without justice is tyranny. *(William Allen White)***

**If this world can never have peace without justice, our prospects for peace are not very bright. *(Ashleigh Brilliant, in Pot-Shots)***

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**A remarkable, inspiring woman who lived her life in deafness and blindness, Helen Keller, also knew the joy of serenity. She said, “I learned that it is possible for us to create light and sound and order within us no matter what calamity may befall us in the outer world.” *(Susan Smith Jones, in New Realities magazine)***

**First keep the peace within yourself, then you can also bring peace to others. *(Thomas A Kempis)***

**What kind of peace do we seek? Not a Pax Americana enforced on the world by American weapons of war. Not the peace of the grave or the security of the slave. I am talking about genuine peace, the kind of peace that makes life on earth worth living, the kind that enables men and nations to grow and to hope and to build a better life for their children. Not merely peace for Americans but peace for all men and women; not merely peace in our time, but peace for all time. *(John F. Kennedy)***

**I’d kill for a Nobel Peace Prize. *(Steven Wright, comedian)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**One day we must come to see that peace is not merely a distant goal we seek but that it is a means by which we arrive at that goal. We must pursue peaceful ends through peaceful means. *(Martin Luther King Jr.)***

**True peace is not merely the absence of tension; it is the presence of justice. *(Martin Luther King Jr.)***

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**In The Empire Strikes Back, Luke Skywalker asks the Jedi master, “Yoda, how will I know the good from the bad?” Yoda replies, “You will know through calm and peace.” This is the way of the Force; a Jedi does not need to attack; the Force will work for him. *(Mary Manin Morrissey)***

**To know the peace of God is to lack for nothing. To have this peace within your heart is to have everything. *(Donna Miesbach, in Unity magazine)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**Ramsay MacDonald, one-time prime minister of England, was discussing with another government official the possibility of lasting peace. The latter, an expert on foreign affairs, was unimpressed by the prime minister's idealistic viewpoint. “The desire for peace does not necessarily ensure it,” he remarked cynically. “Quite true,” admitted MacDonald. “Neither does the desire for food satisfy your hunger, but at least it gets you started toward a restaurant.” *(Bits & Pieces)***

**Report is there's a German law prohibiting car washing on Sunday. Not so much a religious matter as a don't-disturb-the-peace measure. *(L. M. Boyd)***

**No leader or prophet could win the public without certain promises of change in the social and political order because in countries where persecution and injustice prevail, people always look to a leader to bring peace. *(George M. Lamsa, in Gospel Light, p. 82)***

**If everyone demanded peace instead of another television set, then there'd be peace. *(John Lennon)***

**ABC has dropped the Miss America Pageant; it will no longer be on TV. Now who's going to solve world peace? *(Jay Leno, in Rocky Mountain News, October 25, 2004)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**There is a serenity that comes from being self-sufficient and feeling complete, whole, and satisfied with myself and what I’m doing. It is my contention that all of the other good things we endeavor to provide for ourselves, including sound nutrition, daily exercise, vitamin supplements, material wealth, etc., will be of reduced value unless we learn to live in harmony with ourselves, which means knowing ourselves and finding peace in our own company. This peace is a natural occurrence of spending time alone. *(Susan Smith Jones, in New Realities magazine)***

**Servant: “Why can’t people in different countries with different beliefs all live together peacefully?” Hagar: “Because they refuse to listen to what’s good for them!” Servant: “Who would tell them what’s good for them?” Hagar: “Me.” *(Dik Browne, in Hagar The Horrible comic strip)***

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**While there are extremists on all sides, the majority of Israelis, Palestinians and Lebanese want to live in peace with one another. *(Illana Karman, in Time)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**Patient says to Doctor: “I’ve heard you specialize in helping people make peace with hypocrisy.” *(J. C. Duffy, in Go Figure comic strip)***

**Peace-making is not a thing you have to do in the world around you. In the most dramatic way, the world around you will be changed “in the twinkling of an eye” as you change. An electric light doesn’t have to go out into the room and try to sweep away the darkness. When the light is turned on, the light radiates and the darkness disappears. It is as simple as that -- but it is not easy. *(Dr. Eric Butterworth, in Discover the Power Within You, p. 70)***

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**If you want to make peace with your enemy, you have to work with your enemy. Then he becomes your partner. *(Nelson Mandela, in Long Walk to Freedom)***

**Announcement in the South Salem, N. Y., Presbyterian Church bulletin: “Peacemaking meeting scheduled for today canceled due to a conflict.” *(Reader’s Digest)***

**Of one thing I am certain, the body is not the measure of healing – peace is the measure. (George Melton)**

**Peace in the Middle East will come only when each side develops the ability to empathize with its leaders as well as its hated enemies. *(Hwun-Yee Chen, in Time magazine, September 25, 2006)***

**A reader suggests, “If you want peace of mind, you have to learn there's almost nothing in this world that can't be ignored.” *(L. M. Boyd)***

**I hope I shall never be such a coward as to mistake oppression for peace. *(Lajos Kossuth, Hungarian statesman, in National Review)***

**Mother-in-law: A woman who destroys her son-in-law's peace of mind by giving him a piece of hers. *(The Friars Club Bible, edited by Nina Colman, p. 77)***

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**I was once asked why I don't participate in anti-war demonstrations. I said that I will never do that, but as soon as you have a pro-peace rally, I'll be there. *(Mother Teresa)***

**What can you do to promote world peace? Go home and love your family. *(Mother Teresa)***

**Peace begins with a smile -- smile five times a day at someone you really don't want to smile at . . . do it for peace. *(Mother Teresa)***

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*When you make your peace with authority, you become authority. *(Jim Morrison, rock singer)***

**The motto of the Apollo 11 flight was “We come in peace for all mankind.” This motto was on the plaque which was deposited on the face of the moon. The landing was on the Sea of Tranquility. Armstrong and Aldrin found a tranquil and peaceful scene on the moon. There never had been any humans there to disturb the peace. *(Christian Victory)***

**Mount Rainier and Mount St. Helens stand only fifty miles apart in the state of Washington. In contrast to the volatile and explosive Mount St. Helens, Mount Rainier has had few explosive eruptions in its history. Seismologists say the reason for the more peaceful profile of Mount Rainier is that, unlike Mount St. Helens, lava in Mount Rainier somehow is gradually released and does not build up and become pressurized. *(Lester Seto, in Portals of Prayer)***

**I would rather have peace of mind, than give someone a piece of my mind. *(Jon Mundy)***

**The Peace Museum in Chicago, Illinois, opened in 1981, explores war and peace through 10,000 artifacts about individual peacemakers and artists. *(Marti Attoun, in American Profile magazine)***

**Nuclear weapons have made war obsolete as a means of resolving conflicts between great powers. In the nuclear age, our goal must be peace. But perfect peace – a world without conflict – is an illusion. It has never existed and will never exist. Real peace is not an end to conflict but a means to living with conflict. *(Richard Nixon, in Victory Without War)***

**Those who are at war with others are not at peace with themselves. *(William Hazlitt)***

**The great expert on international questions, Sir Alfred Zimmern, was one day walking with a friend in a garden at Oxford University. The friend asked: “What in your opinion, is the greatest obstacle between us and the building of enduring world peace?” Sir Alfred answered immediately: “The small-scale individual.” *(Gerald Kennedy, in Pulpit Digest)***

**Friends of Oprah Winfrey are campaigning to have her awarded the Nobel Peace Prize. Leading the effort is Rocky Twyman, 56, who feels that between her charity work, her “high fashion,” and her socially conscious TV show, Winfrey deserves to join the likes of Mother Teresa and Nelson Mandela as a Peace Prize recipient. “This is something that's been inspired by God,” says Twyman, who is hoping to collect 100,000 signatures. “It's a grass-roots campaign in its very beginning stages.” *(The Week magazine, July 29, 2005)***

**On August 27, 1928, the Kellogg-Briand Pact was signed in Paris, outlawing war and providing for the peaceful settlement of disputes. *(Associated Press)***

**Natural Law Party member Jeff Peckman successfully put an item on Denver's ballot -- Proposition 101 -- that would, in part, promote peacefulness through music and yoga. Opponents have labeled it a crackpot idea. *(Rocky Mountain News, September 15, 2003)***

**The apparent serenity of the past is an oil spread by time. *(Lloyd Frankenberg, in Invitation to Poetry)***

**We hold doves in high esteem as symbols of peace and release them at some ceremonies. We hold pigeons in low esteem, yet they are actually doves, known as rock doves. Why the difference? – Patricia, Denver. Actually, it’s the other way around. Dove is a nonspecific term for the smaller species of pigeon. The common pigeon, also called rock dove, came with French settlers to Nova Scotia in 1606. Pigeons have a bad rap because these communal birds roost in groups on buildings, bringing them – and their droppings – closer than many people like, said Mary Taylor Young, News bird columnist and author of a number of wildlife books. *(Rocky Mountain News)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**A peaceful man does more good than a learned one. *(Pope John XXIII)***

**Peace is not just the absence of war. Like a cathedral, peace must be constructed patiently and with unshakable faith*. (Pope John Paul II***

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**The peace poplar planted in Jena, Germany, in 1815, to celebrate the end of the Napoleonic War with France, toppled suddenly 99 years later on August 1, 1914 -- the start of World War I. *(Ripley's Believe It or Not!: Strange Coincidences, p. 31)***

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**Pray for harmony and peace, pray that violence will cease; May we daily plant “peace” seeds through our caring words and deeds. *(William Arthur Ward)***

**Serenity Prayer: God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference. Amen. *(Reinhold Niebuhr)***

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**Prescription for peace:**

**1. Forgive our parents totally.**

**2. Forgive everyone who has ever been here, who is here now, or will be here, including ourselves totally.**

**3. Forgive the world totally.**

**4. Forgive God totally.**

**5. Take a leap in faith and trust in love, trust in God.**

**6. Choose to experience peace instead of conflict.**

**7. Choose to experience love rather than fear.**

**8. Choose to be a love finder rather than a fault finder.**

**9. Choose to be a love giver rather than a love seeker.**

**10. Teach only love. *(Gerald Jampolsky, M.D.)***

**British Prime Minister Neville Chamberlain and the leaders of France and Italy made a pact with Adolf Hitler in Munich, September 30, 1938, to let Germany annex a portion of Czechoslovakia in exchange for a promise of peace. When Hitler reneged and invaded Poland in 1939, the Munich agreement was decried as futile appeasement, and World War II \was on. *(Alison McLean, in Smithsonian magazine)***

**A big year for peaceful pursuits was 1872. Yellowstone was established; Whistler painted his mother; universities of Oregon, Toledo, and Vanderbilt were founded; the great mule teams pulled borax out of Death Valley; and Congress passed an equal pay-for-equal-work law. *(L. M. Boyd)***

**Peace is not the absence of conflict, it is the ability to handle conflict by peaceful means. *(Ronald Reagan)***

**When you have peace, you are able to receive your good. If you are in inner turmoil, you will close the door. *(Jack E. Addington)***

**I like the receptionist at a Minnesota marriage-counseling center who answers the telephone with a perky: “Domestic Peace Corps.” *(Samuel Pavlovic, in Reader's Digest)***

**Would we recognize peace if it all of a sudden “broke out?” Do we even know what peace is, or is its definition totally based on individual perception. So, it would seem that in the desire for planetary peace, one needs first to seek it in his own individual world. We must take the light into our own darkness and clear away those things which deny us our inner peace. *(Sandra Radhoff, in Spectrum)***

**Grandpa: “Hmm. I believe I would like to change the TV channel. Now --where is that remote? Ahh, here it is! Peace of mind is knowing you'll never lose your remote again.” *(Brian Crane, in Pickles comic strip)***

**Without repentance those who have created peace through their power imagine that they have created pure peace: and suffer from the delusion that the enemies of their peace are God's enemies. *(Reinhold Niebuhr, in Beyond Tragedy)***

**Men will always have war until a reshaping of his very nature comes about. Men, through their own efforts, cannot bring peace to this earth. The sheer magnitude of 16 million victims of the estimated 140 conflicts fought since 1945 is more testimony to this assertion. *(Ronald S. Toth, in Plain Truth magazine)***

**If you want peace of mind, resign as general manager of the universe. *(Walter Lippmann)***

**Among individuals, as among nations, peace is the respect of others' rights. *(Benito Juarez, Mexican statesman)***

**You once said a restaurant owner years ago found a way to keep his waitresses and cooks from fighting with each other. How? He narrowed the pass-through window horizontally. They could see each other's waistlines, but not each other's eyes. People don’t fight as much, he said, if they can't see the looks on the other's faces. *(L. M. Boyd)***

**The more you sweat in peace, the less you bleed in war. *(Admiral Hyman Rickover, USN)***

**The road to Peace goes through a difficult territory called Trust and Forgiveness. *(Ashleigh Brilliant, in Pot-Shots)***

**Peace means far more than the opposite of war. *(Fred Rogers)***

**If all politicians fished, instead of spoke publicly, we would be at peace with the world. *(Will Rogers)***

**It isn’t enough to talk about peace. One must believe in it. And it isn’t enough to believe in it. One must work at it. *(Eleanor Roosevelt)***

**On September 27, 1938, President Franklin D. Roosevelt wrote to German chancellor Adolf Hitler regarding the threat of war in Europe. Roosevelt wrote to encourage Hitler to find a peaceful solution. *(The Daily Chronicle)***

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**Nuclear weapons: may they rust in peace. *(Bumper sticker)***

**Sign on door at State Farm Insurance in Bloomington, Illinois, on days when there is no bad weather: “Rust In Peace.” (Suggested by State Farmer). *(Bill Flick, 1997)***

**The machines of war, may they rust in peace forever. *(Glenn Mosley, Unity Minister)***

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**A calm sea does not make a skilled sailor. *(African proverb)***

**In a heavy sea, how deep would a diver have to go to get to calm water? About 60 feet. *(L. M. Boyd)***

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**Fortune teller: “What do you seek?” Man: “Inner tranquility!” Fortune teller: “Tried a good antacid?” *(Art Samsom, in The Born Loser comic strip)***

**British scientists said they have uncovered a surprising way to calm agitated sheep -- by showing them photographs of other sheep. Professor Keith Kendrick of Cambridge wrote in a publication of the Royal Society that his team placed individual animals in a darkened barn and monitored them for things such as heart rate, blood count and frequency of bleating. Each displayed much lower levels of stress when shown photographs of other sheep. *(Steve Newman, in Rocky Mountain News, August 30, 2004)***

**Forty of Sri Lanka's top singers have pooled their talents to record a song that pleads for peace on this ethnically torn Indian Ocean Island. The song, “Give Peace A Chance,” was sung in the Tamil, Sinhalese and English languages. “Our song, the first sung jointly by 40 top vocalists, is to achieve peace in our country, where everybody cries for just that,” said composer Sunil Perera. *(Rocky Mountain News, 10-16-1989)***

**If man does find the solution for world peace, it will be the most revolutionary reversal of his record we have ever known. *(George C. Marshall)***

**She stood there, in the midst of all those happy, noisy children, with a poise and calmness that defied understanding. Then as she said softly, “All right, children, now let’s form two straight lines and go into our classroom,” the children stopped playing and quietly formed two straight lines. How did they do that? I thought to myself. Moments before I had been able to make myself heard. Yet, all she did was whisper and the whole school yard listened. Later, when I had a chance to talk with her, I asked her secret. How was it that the children listened when she spoke so quietly? She smiled as she looked at me and answered, “The children always respond to the sound of peace*.” (Donna Miesbach, in Unity magazine)***

**Peace is not an absence of war, it is a virtue, a state of mind, a disposition for benevolence, confidence, justice. *(Baruch Spinoza)***

**The Holy Spirit uses several spiritual markers to indicate and confirm His will. The first one is the marker of peace. *(Charles Stanley)***

**The comparative study of peaceful societies is just beginning in the social sciences, and there are still no generally agreed upon standards as to how such cultures would be identified or how degrees of peacefulness would be measured. Indeed, for some, the whole enterprise of identifying societies as peaceful or otherwise is an illusion, since what constitutes an aggressive act in one culture may not be perceived that way in another. *(Thomas Gregor, in A Natural History of Peace, p. xvii)***

**What did the swastika stand for before Hitler appropriated it? Before it became the Nazi symbol of Aryan superiority, the swastika had several meanings, all positive. In Sanskrit, the word swastika means “conducive to well-being.” The Aryans of India believe swastikas represented the sun’s motion across the sky, a symbol of its goodness and regenerative power. The Greeks and Persians believed it represented prosperity and happiness. Early Christians disguised the cross as a swastika to avoid persecution. North American Indian tribes used a similar symbol as a sign of peace. *(Barbara Berliner, in The Book of Answers, p. 138)***

**There would be no wars in the world if every country were like Switzerland. Switzerland has not been involved in any foreign war since 1515. It is unconstitutional for the Swiss government to enter into political alliances or to make war, except in self-defense. *(Charles Reichblum, in Knowledge in a Nutshell, p. 114)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**Everybody knows what the peace symbol looks like, but few people know where it comes from. The peace symbol, an inverted Y inside a circle, was devised by British pacifists during the Cold War by combining the semaphore signs for N and D, standing for nuclear disarmament. *(Paul Stirling Hagerman, in It's a Weird World, p. 29)***

**The peace symbol was designed by British artist Gerald Holtom for a 1958 English antinuclear protest march. The symbol is a stylized representation of the semaphore signals for “N” and “D,” short for “nuclear disarmament.” *(Don Voorhees, in The Super Book of Useless Information, p. 223)***

**Christ of the Andes, the huge statue that stands on the mountain frontier between Chile and Argentina, is a symbol of peace between the two countries. To dramatize that point, it was cast in bronze obtained from a cannon used by Chilean and Argentinean soldiers. *(Arkady Leokum, in The Curious Book)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**King: “Today I conducted peace talks with Hagar the Horrible.” Servant: “How did the peace talks go, Your Majesty?” King: “Not so well. He kept demanding a piece of my kingdom!” *(Dik Browne, in Hagar The Horrible comic strip)***

**The Tasaday tribe recently discovered in the Philippine Islands has no known enemies, no weapons of war, no words in their language for hate, war or dislike. They neither hunt nor cultivate. *(David Louis, in Fascinating Facts, p. 95)***

**A Chicago man has been given an award for inventing a telephone that won't ring when you are in the tub or shower. The “No Bell Peace Prize”! *(Bob Thaves, in Frank & Ernest comic strip)***

**You believe that if you had more time, you would have more peace. But it's the other way around; if you had more peace, you would have more time. Creating more time is not logistical, but attitudinal. (*Alan Cohen)***

**A speaker at a political convention, before beginning his speech, offered this toast: “Gentlemen, a toast to the Iron Curtain: May it rust in peace.” *(Harold E. Youngs)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**On August 15, 1978, thirty-three years to the day after V-J Day, China and Japan signed a “peace and friendship” treaty, formally ending their part of World War II. *(Isaac Asimov's Book of Facts, p. 257)***

**In 533 A. D., the Roman Empire and Persia signed a commitment known as “The Treaty of Endless Peace.” Quite an accomplishment. They didn’t go to war against each other again for seven years. *(Boyd's Curiosities, p. 244)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**We need to pull these guys out and put some others troops in here who are trained for peacekeeping, because our first impulse is to kill. (Sgt. 1st Class Eric Wright, questioning the role of 3rd Infantry soldiers in Iraq. *(Associated Press, as it appeared in the Rocky Mountain News, June 20, 2003)***

**Various gatherings of bishops in southern France in 990 A.D. tried to set up a “Truce of God,” a subjection of warfare to rules. The chief rule called for converting all ecclesiastical property and persons into a kind of neutral territory that was not to be touched. Eventually, this was extended to a total prohibition of warfare from Wednesday evening to Monday morning of each week, and on numerous fast and feast days as well. In the end, as much as three-fourths of the year was put off limits to fighting -- in theory. *(Isaac Asimov's Book of Facts, p. 376)***

**It is understanding that gives us an ability to have peace. When we understand the other fellow's viewpoint, and he understands ours, then we can sit down and work out our differences. *(Harry Truman)***

**If you want peace, don't talk to your friends. Talk to your enemies. *(Desmond Tutu)***

**Peace comes not from doing, but from undoing; not from getting, but from letting go. *(Dean Ornish, in Yoga International magazine)***

**A peace which depends upon fear is nothing but a suppressed war. *(Henry Van Dyke)***

**The Voice for God is always quiet, because it speaks of peace. Peace is stronger than war because it heals. War is division, not increase. No one gains from strife. *(A Course In Miracles)***

**How can we wage peace? I ran across some hopeful words from the diaries of Etty Hillesum, a Jewish woman who died at Auschwitz in 1943: “Ultimately,” she wrote, “we have just one moral duty: to reclaim large areas of peace in ourselves, and to reflect it toward others. And the more peace there is in us, the more peace there will be in our troubled world.” Perhaps that's a step toward the day when there will truly be a post-war generation. *(Richard J. Reece, in Catholic Digest*)**

**We have war when at least one of the parties to a conflict wants something more than it wants peace. *(Jeane J. Kirkpatrick)***

**Though the world is obviously a long way from being at peace, wars are in decline. The International Peace Research Institute in Stockholm reports that the number of active major armed conflicts last year was 17. That’s the lowest point in a slide that started from a high of 31 in 1991. Although the war between the Taliban and U.S.-led forces in Afghanistan was recently added to the list, three others were subtracted: the conflicts in Rwanda, southern Sudan, and Algeria. “Major conflicts” are defined as those that cause at least 1,000 battle-related deaths in a given year. *(The Week magazine, July 21, 2006)***

**Martha Washington was addressed by some as “Your Serenity.” *(L. M. Boyd)***

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**There is no way to peace -- peace is the way. *(A. J. Muste)***

***\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\**Peace is not God's gift to his creatures. It is our gift -- to each other. *(Elie Wiesel, in New York Times)***

**Ask not that events should happen as you will, but let your will be that events should happen as they do, and you shall have peace. *(Epictetus)***

**When a person finds no peace within, it is useless to seek it elsewhere. *(Bits & Pieces)***

**The word “peace” is derived from the Latin “pacere,” meaning “to make an agreement.” To be centered in peace is to be in complete agreement with life. *(Jack E. Addington, in New Thought magazine)***

**Grandpa: “What are you doing?” Grandma: “Working on my serenity. I read that blue is the most soothing color, so I'm repainting the house. Oh, my! It's time to go to the gym. Exercise is a proven stress-buster, you know. Do you want to go with me?” Grandpa: “No, thanks! I don't think I have enough energy to be serene.” *(Brian Crane, in Pickles comic strip)***

**The world has been at peace only 8 percent of the time over the last 3,500 years. *(Uncle John’s Bathroom Reader: Extraordinary Book of Facts, p. 187)***

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**It has been calculated that in the last 3,500 years there have been only 230 years of peace throughout the civilized world. *(Timothy T. Fullerton, in Triviata, p. 70)***

**During the past four thousand years there have been less than three hundred years of peace. (*E. C. McKenzie, in Tantalizing Facts, p. 6)***

**Throughout the civilized world, there have been only 233 years of peace since 1496 B.C. *(Paul Stirling Hagerman, in It’s a Weird World, p. 70)***

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