**Pessimism**

**Man: “Elvin, can I borrow a dollar?” Elvin: “Hmmph. I suppose.” Girl: “Why would you borrow from him? I would have lent you a dollar.” Man: “Elvin's a pessimist.” Girl: “So?” Man: “Pessimists don't expect to get their money back.” *(Mark Pett, in Lucky Cow comic strip)***

**Borrow money from pessimists – they don’t expect it back. *(Steven Wright, comedian)***

**A pessimist burns his bridges before he gets to them. *(Quoted by Sid Ascher, in Night Life in Chicago)***

**My neighbor carries a little card in his wallet. It says: I AM A PESSIMIST. IN CASE OF ACCIDE3NT, I'M NOT SURPRISED. *(Orben's Current Comedy)***

**Pessimism is an excuse for not trying and a guarantee to a personal failure. *(Bill Clinton)***

**Man only likes to count his troubles; he doesn't calculate his happiness. *(Fyodor Dostoyevsky)***

**Pessimism never won any battle. *(Dwight D. Eisenhower)***

**Only the man who finds everything wrong and expects it to get worse is thought to have a clear brain. *(John Kenneth Galbraith, American economist)***

**A pessimist gets nothing but pleasant surprises. *(Rex Stout, mystery writer)***

**No pessimist ever discovered the secrets of the stars or sailed to an uncharted land or opened a new heaven to the human spirit. *(Helen Keller)***

**How does a pessimist like his eggs? Over uneasy. *(Bert Murray)***

**Why pessimists live longer. Developing a negative outlook may be the secret to living a longer, if not happier, life. A German study found that the more people underestimated their future life satisfaction, the less likely they were to die early or become disabled, AARP.org reports. Researchers asked 40,000 people between the ages of 18 and 96 to rate how happy they thought they'd be in five years on a scale of zero to 10; then, five years later, they checked in to see how they felt. They found that for every point by which a person had overestimated his or her future well-being, there was a 10 percent higher likelihood of death or disability in the following decade. "Pessimism about the future may encourage people to live more carefully, taking health and safety precautions," the study authors write. Surprisingly enough, people who were healthy and wealthy were more likely to expect the worst -- and thus survive in better shape -- than were people who had low incomes and poor health. People over 65 were the most likely to underestimate their future happiness, while people under 40 were the most unrealistically optimistic. (*The Week magazine, March 22, 2013)***

**Pessimists need a kick in the can'ts. *(Mary Katherine & David Compton, in Life Is Short, Pray Hard)***

**A pessimist never worries about tomorrow . . . he knows everything is going to turn out wrong. (*Country Extra magazine)***

**What is a pessimist? A man who thinks everybody is as nasty as himself, and hates them for it. *(George Bernard Shaw)***

**A pessimist is one who, when he has a choice of two evils, chooses both. *(Oscar Wilde)***

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